



Owego Apalachin (B) 7/8TH Cross Country

Coaches:

- Sheridan Talada

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2018	Wed	Practice	N/A	7:00 AM	9:00 AM	TBD		
Aug 24, 2018	Fri	Practice	N/A	7:00 AM	9:00 AM	TBD		
Aug 29, 2018	Wed	Practice	N/A	7:00 AM	9:00 AM	TBD		
Aug 31, 2018	Fri	Practice	N/A	7:00 AM	9:00 AM	TBD		
POSTPONED Sep 5, 2018	Wed	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 6, 2018	Thu	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 7, 2018	Fri	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 8, 2018	Sat	Practice	N/A	8:00 AM	9:30 AM	OFA Stadium		
Sep 10, 2018	Mon	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 11, 2018	Tue	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 12, 2018	Wed	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 13, 2018	Thu	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 14, 2018	Fri	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 15, 2018	Sat	Regular Season (Chenango Valley Invitational)	@ TBD	TBD		TBD	Departure Time: 7:45 AM	L
Sep 17, 2018	Mon	Practice	N/A	3:00 PM	4:45 PM	TBD		
POSTPONED Sep 18, 2018	Tue	Practice	N/A	3:00 PM	4:45 PM	Pheasant Hill Country Club	Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Sep 19, 2018	Wed	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 20, 2018	Thu	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 21, 2018	Fri	Practice	N/A	3:00 PM	4:45 PM	Pheasant Hill Country Club	Departure Time: 2:45 PM	
Sep 24, 2018	Mon	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 25, 2018	Tue	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 26, 2018	Wed	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 27, 2018	Thu	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 29, 2018	Sat	Practice	N/A	8:00 AM	9:30 AM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 1, 2018	Mon	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 3, 2018	Wed	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 4, 2018	Thu	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 5, 2018	Fri	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 6, 2018	Sat	Regular Season (Stock-Conwicke Invitational)	TBD @ TBD	TBD		Arnold Park		L
Oct 8, 2018	Mon	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 10, 2018	Wed	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 11, 2018	Thu	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 12, 2018	Fri	Regular Season (Bob Green Invitational)	@ TBD	TBD		Newark Valley High School	Departure Time: 2:30 PM	L
Oct 16, 2018	Tue	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 17, 2018	Wed	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 18, 2018	Thu	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 19, 2018	Fri	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 20, 2018	Sat	Regular Season (Marathon invitational)	@ TBD	9:00 AM		Appleby E S	Departure Time: 7:15 AM	L
Oct 22, 2018	Mon	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 24, 2018	Wed	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 25, 2018	Thu	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 26, 2018	Fri	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 27, 2018	Sat	Regular Season (STAC Meet)	@ TBD	9:00 AM		Ann G McGuinness Elementary Cross Country Course	Departure Time: 7:30 AM	L

Date: 2026-04-05