



Owego Apalachin (B) V Cross Country

Coaches:

- John Heath
- Becky Bowers

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2025	Sat	Regular Season (Flash Forbes Invite - Oneonta)	@ TBD	10:00 AM		TBD	Departure Time: 7:30 AM	NL
Sep 12, 2025	Fri	Regular Season (Spiked Shoe Invite - Penn State University)	@ TBD	11:30 AM		TBD	Departure Time: 6:30 AM	NL
Sep 19, 2025	Fri	Regular Season (Owego Dash in the Dark (4K/2K))	Afton (Afton/Harpursville/B-G)	6:00 PM		Owego Free Academy		L
Sep 19, 2025	Fri	Regular Season (Owego Invite)	Morris (Morris/Edmeston)	6:00 PM		Owego Free Academy		L
Sep 19, 2025	Fri	Regular Season (Owego Night Run)	Sidney	6:30 PM		OFA Stadium		NL
Sep 19, 2025	Fri	Regular Season (Owego Night Invite)	TBD	TBD		Owego Free Academy		NL
Sep 26, 2025	Fri	Regular Season (Pete Matzke Invitational - Maine Memorial Elementary)	@ TBD	4:00 PM		TBD	Departure Time: 2:30 PM	NL
Oct 4, 2025	Sat	Regular Season (Ithaca Black Diamond - Trail Practice (Cass Park))	@ TBD	TBD		TBD	Departure Time: 8:00 AM	NL
Oct 10, 2025	Fri	Regular Season (Bob Greene Invitational - N.V.- HS)	@ TBD	4:00 PM		TBD	Departure Time: 2:30 PM	NL
Oct 18, 2025	Sat	Regular Season (Marathon Invitational - Applebee Elementary)	@ TBD	10:30 AM		TBD	Departure Time: 8:00 AM	NL
Oct 25, 2025	Sat	Regular Season (STAC - Ann McGuinness)	@ TBD	10:30 AM		TBD	Departure Time: 8:30 AM	NL
Oct 28, 2025	Tue	Regular Season (Last Chance Meet)	TBD	4:30 PM		Owego Free Academy		L
Nov 4, 2025	Tue	Regular Season (Sectional Course Preview - CV State Park)	@ TBD	TBD		TBD	Departure Time: 2:30 PM	L
Nov 6, 2025	Thu	Regular Season (Sectionals - CV State Park)	@ TBD	TBD		TBD	Departure Time: 10:00 AM	NL
Nov 15, 2025	Sat	Regular Season (States - Queensbury NY)	@ TBD	TBD		TBD	Departure Date: Nov 14, 2025 Departure Time: 9:15 AM	NL

Date: 2026-01-19