



# Owego Apalachin (B) V Cross Country

## Coaches:

- John Heath
- Becky Bowers

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 14, 2017	Mon	Practice (XC Practice)	N/A	7:00 AM	9:00 AM	OFA Stadium		
Aug 15, 2017	Tue	Practice (XC Practice)	N/A	7:00 AM	9:00 AM	OFA Stadium		
Aug 16, 2017	Wed	Practice (XC Practice)	N/A	7:00 AM	9:00 AM	OFA Stadium		
Aug 17, 2017	Thu	Practice (XC Practice)	N/A	7:00 AM	9:00 AM	OFA Stadium		
Aug 18, 2017	Fri	Practice (XC Practice)	N/A	7:00 AM	9:00 AM	OFA Stadium		
Sep 1, 2017	Fri	Practice (XC Practice)	N/A	7:00 AM	9:30 AM	OFA Stadium		
Sep 1, 2017	Fri	Practice (XC Practice)	N/A	7:00 AM	9:00 AM	OFA Stadium		
Sep 5, 2017	Tue	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Sep 6, 2017	Wed	Practice (XC Practice)	N/A	2:45 PM	5:00 PM	OFA Stadium		
Sep 7, 2017	Thu	Practice (XC Practice)	N/A	2:45 PM	5:00 PM	OFA Stadium		
Sep 8, 2017	Fri	Practice (XC Practice)	N/A	2:45 PM	5:00 PM	OFA Stadium		
Sep 9, 2017	Sat	Meet (Oneonta Invitational )	Vs. Multiple	10:00 AM		Fortin Park	<b>Departure Time:</b> 7:00 AM	NL
Sep 11, 2017	Mon	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Sep 12, 2017	Tue	Practice (XC Practice at PHCC)	N/A	3:00 PM	5:00 PM	Pheasant Hill Country Club		
Sep 13, 2017	Wed	Practice (XC Practice at PHCC)	N/A	3:00 PM	5:00 PM	Pheasant Hill Country Club		
Sep 14, 2017	Thu	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Sep 15, 2017	Fri	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Sep 16, 2017	Sat	Meet (Pre-State Invitational)	Vs. Multiple	TBD		Wayne HS	<b>Departure Time:</b> 7:00 AM	NL
Sep 23, 2017	Sat	Meet (Owego Invitational)	Vs. Multiple	9:00 AM	1:00 PM	Pheasant Hill Country Club		NL
Sep 23, 2017	Sat	Regular Season	Unadilla Valley (UV/GMU)	9:15 AM		Lower Soccer Field		L
Sep 27, 2017	Wed	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Sep 28, 2017	Thu	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Sep 29, 2017	Fri	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Sep 30, 2017	Sat	Meet (M-E INVITATIONAL)	Vs. Multiple	9:00 AM	1:00 PM	Maine Memorial ES		NL
Sep 30, 2017	Sat	Meet (Pete Matzke Invitational)	Vs. Multiple	9:00 AM		Maine Memorial ES	<b>Departure Time:</b> 7:30 AM	NL
Oct 2, 2017	Mon	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 4, 2017	Wed	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 5, 2017	Thu	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 6, 2017	Fri	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 9, 2017	Mon	Practice	N/A	8:00 AM	10:00 AM	OFA Stadium		
Oct 10, 2017	Tue	Meet (Metro Divisional Championship)	Vs. Multiple	4:00 PM	6:00 PM	Ann G McGuinness Elementary Cross Country Course	<b>Departure Time:</b> 2:45 PM	NL
Oct 11, 2017	Wed	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 12, 2017	Thu	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 13, 2017	Fri	Meet (Bob Greene Invitational)	Vs. Multiple	4:00 PM		Newark Valley High School	<b>Departure Time:</b> 2:30 PM	NL
Oct 13, 2017	Fri	Meet (Bob Green Invitational)	Vs. Multiple	TBD		Newark Valley High School		NL
Oct 16, 2017	Mon	Practice (Practice)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 17, 2017	Tue	Practice (Practice)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 18, 2017	Wed	Practice (Practice)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 19, 2017	Thu	Practice (Practice)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 20, 2017	Fri	Practice (Practice)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 21, 2017	Sat	Meet (Marathon Invitational)	Vs. Multiple	9:00 AM		Appleby E S	<b>Departure Time:</b> 7:45 AM	NL
Oct 21, 2017	Sat	Meet (Marathon Invitational)	Vs. Multiple	TBD		Appleby E S		NL
Oct 23, 2017	Mon	Practice (Practice)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 24, 2017	Tue	Practice (Practice)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 25, 2017	Wed	Practice (Practice)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 26, 2017	Thu	Practice (Practice)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 27, 2017	Fri	Practice (Practice)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 28, 2017	Sat	Meet (Cross-Country Boys Championship)	Vs. Multiple	12:00 PM		Fortin Park	<b>Departure Time:</b> 8:30 AM	NL
Oct 30, 2017	Mon	Practice (Practice)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Oct 31, 2017	Tue	Practice (Practice)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 1, 2017	Wed	Practice (Practice)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 2, 2017	Thu	Post-Season (Section IV Championships)	TBD	11:00 AM		TBD	<b>Departure Time:</b> 9:30 AM	L
Nov 2, 2017	Thu	Regular Season (Section IV Championships)	TBD	11:00 AM		Chenango Valley State Park	<b>Departure Time:</b> 9:30 AM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 10, 2017	Fri	Post-Season (NYSPHSAA XC Championship)	TBD	TBD		Wayne HS	<b>Departure Time:</b> 9:00 AM	L
Nov 11, 2017	Sat	Post-Season (NYSPHSAA XC Championship)	TBD	9:00 AM		Wayne HS		L

Date: 2026-03-12