



# Owego Apalachin

## (B) V Cross Country

### Coaches:

- John Heath
- Becky Bowers

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 9, 2023	Sat	Regular Season (Bob Goodell Invite - Red Jacket HS (Shortsville, NY))	@ TBD	9:00 AM		TBD	<b>Departure Time:</b> 6:45 AM	NL
Sep 30, 2023	Sat	Regular Season (Paul Short Invitational - Lehigh University, PA)	@ TBD	TBD		TBD	<b>Departure Time:</b> 6:30 AM	NL
Oct 6, 2023	Fri	Regular Season (Bob Greene Invitational - N.V.- HS)	@ TBD	4:00 PM		TBD	<b>Departure Time:</b> 2:45 PM	NL
Oct 14, 2023	Sat	Regular Season (Marathon Invite - Applebee Elementary)	@ TBD	TBD		TBD	<b>Departure Time:</b> 7:15 PM	NL
Oct 21, 2023	Sat	Regular Season (STAC Championships - Anne McGuinness)	@ TBD	TBD		TBD	<b>Departure Time:</b> 8:00 AM	NL
Nov 2, 2023	Thu	Regular Season (Sectional Championships - C.V. State Park)	@ TBD	TBD		TBD	<b>Departure Time:</b> 10:00 AM	L
Nov 11, 2023	Sat	Regular Season (NYS Championship Meet - Vernon Verona Sherill H.S.)	@ TBD	TBD		TBD		L

Date: 2024-05-21