



# Owego Apalachin (G) V Cross Country

## Coaches:

- John Heath
- Becky Bowers

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 23, 2021	Mon	Practice	N/A	8:00 AM	10:00 AM	OFA Stadium		
Aug 24, 2021	Tue	Practice	N/A	8:00 AM	10:00 AM	OFA Stadium		
Aug 25, 2021	Wed	Practice	N/A	8:00 AM	10:00 AM	OFA Stadium		
Aug 26, 2021	Thu	Practice	N/A	8:00 AM	10:00 AM	OFA Stadium		
Aug 27, 2021	Fri	Practice	N/A	8:00 AM	10:00 AM	OFA Stadium		
Aug 30, 2021	Mon	Practice	N/A	8:00 AM	10:00 AM	OFA Stadium		
Aug 31, 2021	Tue	Practice	N/A	8:00 AM	10:00 AM	OFA Stadium		
Sep 1, 2021	Wed	Practice	N/A	8:00 AM	10:00 AM	OFA Stadium		
Sep 2, 2021	Thu	Practice	N/A	8:00 AM	10:00 AM	OFA Stadium		
Sep 3, 2021	Fri	Practice	N/A	8:00 AM	10:00 AM	OFA Stadium		
Sep 7, 2021	Tue	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 8, 2021	Wed	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 9, 2021	Thu	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 10, 2021	Fri	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 11, 2021	Sat	Regular Season (Owego Invite )	@ Oneonta	TBD		Fortin Park	<b>Departure Time:</b> 7:30 AM	L
Sep 13, 2021	Mon	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 14, 2021	Tue	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 15, 2021	Wed	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 16, 2021	Thu	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 17, 2021	Fri	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 20, 2021	Mon	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 21, 2021	Tue	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 22, 2021	Wed	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 23, 2021	Thu	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 24, 2021	Fri	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 25, 2021	Sat	Regular Season (Owego Invite)	Sidney	9:00 AM	1:00 PM	Pheasant Hill Country Club		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 25, 2021	Sat	Regular Season	Unatego	9:00 AM		Owego Free Academy		NL
Sep 25, 2021	Sat	Regular Season (Owego Invite)	Notre Dame, Elmira	9:00 AM		Owego Free Academy		L
Sep 27, 2021	Mon	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 28, 2021	Tue	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 29, 2021	Wed	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Sep 30, 2021	Thu	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 1, 2021	Fri	Regular Season	@ Maine-Endwell	TBD		Maine Memorial ES	<b>Departure Time:</b> 11:00 AM	L
Oct 4, 2021	Mon	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 5, 2021	Tue	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 6, 2021	Wed	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 7, 2021	Thu	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 8, 2021	Fri	Regular Season	@ Newark Valley	4:30 PM		Newark Valley High School	<b>Departure Time:</b> 11:00 AM	L
Oct 13, 2021	Wed	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 14, 2021	Thu	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 15, 2021	Fri	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 16, 2021	Sat	Regular Season	@ Marathon	TBD		TBD	<b>Departure Time:</b> 8:30 AM	L
Oct 18, 2021	Mon	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 19, 2021	Tue	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 20, 2021	Wed	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 21, 2021	Thu	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 22, 2021	Fri	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 25, 2021	Mon	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 25, 2021	Mon	Regular Season (Cross Over meet)	TBD, Chenango Valley, Ithaca	TBD		Owego Free Academy		L
Oct 27, 2021	Wed	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 28, 2021	Thu	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		
Oct 29, 2021	Fri	Practice	N/A	3:45 PM	5:30 PM	OFA Stadium		

Date: 2024-05-20