



Owego Apalachin (G) 7TH Basketball (Red)

Coaches:

- Brianna Balmer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 16, 2022	Wed	Practice	N/A	6:30 PM	7:45 PM	OAMS Gymnasium		
Nov 21, 2022	Mon	Practice	N/A	3:45 PM	5:00 PM	OFA Gymnasium		
Nov 28, 2022	Mon	Practice	N/A	3:45 PM	5:30 PM	TBD		
Nov 29, 2022	Tue	Practice	N/A	3:45 PM	5:30 PM	TBD		
Nov 30, 2022	Wed	Practice	N/A	3:45 PM	5:30 PM	TBD		
Dec 1, 2022	Thu	Practice	N/A	3:45 PM	5:30 PM	TBD		
Dec 2, 2022	Fri	Practice	N/A	3:45 PM	6:30 PM	TBD		
Dec 3, 2022	Sat	Practice	N/A	11:00 AM	1:00 PM	OES Gymnasium		
Dec 5, 2022	Mon	Practice	N/A	3:45 PM	5:30 PM	TBD		
Dec 6, 2022	Tue	Practice	N/A	3:45 PM	5:30 PM	TBD		
Dec 7, 2022	Wed	Practice	N/A	3:45 PM	5:30 PM	TBD		
Dec 8, 2022	Thu	Regular Season	Chenango Forks (Blue)	5:00 PM	6:30 PM	OAMS Gymnasium		L
Dec 9, 2022	Fri	Practice	N/A	3:45 PM	5:30 PM	TBD		
Dec 10, 2022	Sat	Practice	N/A	9:00 AM	10:30 AM	OAMS Gymnasium		
Dec 12, 2022	Mon	Regular Season	@ Binghamton (West)	5:30 PM	6:30 PM	West Middle School	Departure Time: 4:15 PM	L
Dec 13, 2022	Tue	Practice	N/A	3:45 PM	5:00 PM	TBD		
Dec 14, 2022	Wed	Regular Season	@ Susquehanna Valley (Blue)	5:30 PM	6:30 PM	RTS MS Gym	Departure Time: 4:00 PM	L
Dec 16, 2022	Fri	Practice	N/A	3:45 PM	5:00 PM	TBD		
Dec 19, 2022	Mon	Regular Season	Windsor	5:00 PM	6:30 PM	OAMS Gymnasium		L
Dec 20, 2022	Tue	Regular Season	@ Chenango Valley (Red)	5:30 PM	7:30 PM	CV - MS Gym	Departure Time: 4:00 PM	L
POSTPONED Dec 26, 2022	Mon	Practice	N/A	7:30 AM	9:00 AM	TBD		
Dec 27, 2022	Tue	Practice	N/A	7:30 AM	9:00 AM	TBD		
Dec 28, 2022	Wed	Practice	N/A	7:30 AM	9:00 AM	TBD		
Dec 29, 2022	Thu	Practice	N/A	7:30 AM	9:00 AM	TBD		
Dec 30, 2022	Fri	Practice	N/A	7:30 AM	9:00 AM	TBD		
Jan 3, 2023	Tue	Practice	N/A	3:45 PM	5:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION		LEAGUE / NON- LEAGUE
							NON- LEAGUE		
Jan 4, 2023	Wed	Practice	N/A	3:45 PM	5:30 PM	TBD			
Jan 5, 2023	Thu	Regular Season	Susquehanna Valley (Blue)	5:30 PM	6:30 PM	OAMS Gymnasium		L	
Jan 6, 2023	Fri	Practice	N/A	3:45 PM	5:30 PM	TBD			
Jan 7, 2023	Sat	Practice	N/A	8:45 AM	10:00 AM	OES Gymnasium			
Jan 9, 2023	Mon	Regular Season	@ Chenango Forks (Blue)	5:30 PM	6:30 PM	Elementary School - Kenyon Gym	Departure Time: 4:00 PM	L	
Jan 10, 2023	Tue	Practice	N/A	3:45 PM	5:30 PM	TBD			
Jan 11, 2023	Wed	Regular Season	@ Vestal (Gold)	5:30 PM		Clayton Ave. Elementary Gymnasium	Departure Time: 4:30 PM	NL	
Jan 12, 2023	Thu	Practice	N/A	3:45 PM	5:30 PM	TBD			
Jan 13, 2023	Fri	Practice	N/A	3:45 PM	5:00 PM	TBD			
Jan 16, 2023	Mon	Practice	N/A	9:00 AM	10:30 AM	OAMS Gymnasium			
Jan 17, 2023	Tue	Regular Season	Chenango Valley (Grey)	7:00 PM		OAMS Gymnasium		L	
Jan 18, 2023	Wed	Practice	N/A	3:45 PM	5:30 PM	TBD			
Jan 19, 2023	Thu	Regular Season	@ Maine-Endwell (Blue)	6:30 PM	7:30 PM	Maine-Endwell MS Gym	Departure Time: 5:15 PM	L	
Jan 24, 2023	Tue	Regular Season	Vestal (Green)	5:30 PM		OAMS Gymnasium		L	
Jan 26, 2023	Thu	Regular Season	@ Norwich (White)	5:30 PM	6:30 PM	NMS Gym	Departure Time: 3:30 PM	L	
Jan 27, 2023	Fri	Practice	N/A	3:45 PM	5:00 PM	OFA Gymnasium			
Jan 30, 2023	Mon	Regular Season	@ Susquehanna Valley (Gold)	5:30 PM	6:30 PM	RTS MS Gym	Departure Time: 4:00 PM	L	
Feb 1, 2023	Wed	Practice	N/A	3:30 PM	4:30 PM	TBD			
Mar 1, 2023	Wed	Practice	N/A	3:45 PM	5:15 PM	OAMS Gymnasium			
Mar 8, 2023	Wed	Practice	N/A	5:30 PM	7:00 PM	OES Gymnasium			
Mar 10, 2023	Fri	Practice	N/A	9:00 AM	10:00 AM	TBD			

Date: 2026-02-11