



# Owego Apalachin (G) V Wrestling

## Coaches:

- James Benjamin, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2024	Mon	Practice	N/A	3:45 PM	5:45 PM	OFA Wrestling Room		
Nov 19, 2024	Tue	Practice	N/A	3:45 PM	5:45 PM	OFA Wrestling Room		
Nov 20, 2024	Wed	Practice	N/A	3:45 PM	5:45 PM	OFA Wrestling Room		
Nov 21, 2024	Thu	Practice	N/A	3:45 PM	5:45 PM	OFA Wrestling Room		
Nov 22, 2024	Fri	Practice	N/A	3:45 PM	5:45 PM	OFA Wrestling Room		
Nov 23, 2024	Sat	Regular Season (Weight Certifications - Sidney)	@ TBD	6:00 PM		TBD	Departure Time: 4:15 PM	NL
Nov 25, 2024	Mon	Practice	N/A	3:45 PM	5:45 PM	OFA Wrestling Room		
Nov 26, 2024	Tue	Practice	N/A	3:45 PM	5:45 PM	OFA Wrestling Room		
Nov 27, 2024	Wed	Practice	N/A	9:00 AM	10:30 AM	OFA Wrestling Room		
CANCELLED Nov 28, 2024	Thu	Practice	N/A	3:45 PM	5:45 PM	OFA Wrestling Room		
Nov 29, 2024	Fri	Practice	N/A	9:00 AM	10:30 AM	OFA Wrestling Room		
Nov 30, 2024	Sat	Practice	N/A	9:00 AM	10:30 AM	TBD		
Dec 2, 2024	Mon	Practice	N/A	3:45 PM	5:45 PM	OFA Wrestling Room		
Dec 3, 2024	Tue	Practice	N/A	3:45 PM	5:45 PM	OFA Wrestling Room		
Dec 5, 2024	Thu	Practice	N/A	3:45 PM	5:45 PM	OFA Wrestling Room		
Dec 6, 2024	Fri	Regular Season (Newark Valley Girls Wrestling Tournament - NV HS Gym)	@ TBD	4:30 PM		TBD	Departure Time: 2:00 PM	NL
Dec 12, 2024	Thu	Regular Season	Waverly	6:30 PM		OFA Gymnasium		NL
Dec 22, 2024	Sun	Regular Season (Clash at the Creek - Red Creek Highschool)	@ TBD	TBD		TBD	Departure Point: High School Departure Date: Dec 22, 2024 Departure Time: 5:45 AM	NL
Jan 4, 2025	Sat	Regular Season (Kristie Stenglein-Davis Tourney - Colonie High School - Albany NY)	@ TBD	10:15 AM		TBD	Departure Time: 5:15 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 11, 2025	Sat	Regular Season (Southern Tier Memorial Tournament - LECOM Event Center)	@ TBD	9:00 AM		TBD	<b>Departure Time:</b> 6:00 AM	NL
Jan 13, 2025	Mon	Regular Season	@ Chenango Forks	6:30 PM		High School - Gym	<b>Departure Time:</b> 4:30 PM	NL
Jan 15, 2025	Wed	Regular Season	Harpursville (I - 88 HORNETS)	6:30 PM		OFA Gymnasium		L
Jan 20, 2025	Mon	Regular Season (Lady Black Knights Invitational - Windsor High School)	@ TBD	9:00 AM		TBD	<b>Departure Time:</b> 6:30 AM	NL
Jan 24, 2025	Fri	Regular Season (STACS - JC H.S.)	@ TBD	TBD		TBD	<b>Departure Time:</b> 2:45 PM	NL
Jan 30, 2025	Thu	Regular Season	Corning-Painted Post @ Elmira	7:00 PM		EHS Gym	<b>Departure Time:</b> 4:55 PM	L
Feb 1, 2025	Sat	Regular Season (Lady Legacy Tournament)	Groton, Baldwinsville, Cicero-North Syracuse, West Genesee, General Brown (General Brown), Holland Patent, Fulton, Little Falls, Syracuse City (Syracuse City Girls Wrestling), Johnson City, Camden, Greene (Oxford/Greene) @ Homer	9:00 AM	4:00 PM	Homer High School	<b>Departure Time:</b> 5:20 AM	L
Feb 5, 2025	Wed	Regular Season (Dual Meet)	@ Harpursville (I - 88 HORNETS)	6:00 PM	8:00 PM	JR/SR School Gym (GOLD), Room 120 (Triple Glass Doors)	<b>Departure Time:</b> 3:45 PM	L
Feb 15, 2025	Sat	Regular Season (Section IV Championships - Waverly H.S.)	@ TBD	TBD		TBD	<b>Departure Time:</b> 7:30 AM	NL

Date: 2025-12-19