## Coaches:

• Dave Slater, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 6, 2025	Sat	Regular Season (Dave Flash Forbes Invite)	TBD	10:00 AM		Fortin Park		NL
Sep 6, 2025	Sat	Regular Season (Oneonta Invite)	Spencer-Van Etten (S-VE Panthers)	TBD		Oneonta High School		L
Sep 13, 2025	Sat	Regular Season (NH INVITATIONAL)	Clinton, Utica Proctor (JFK/DMS), Camden, Adirondack, Central Valley Academy, DeRuyter, TBD, Herkimer, Notre Dame, Utica, Oneida, Poland, Sauquoit Valley, Vernon-Verona-Sherrill, Westmoreland, Whitesboro, Rome Free Academy @ New Hartford			Cross Country Course (Perry JH)		NL
Sep 20, 2025	Sat	Regular Season (Baldwinsville Burgee Jr HS)	@ TBD	10:00 AM	6:30 PM	Bville - Durgee Cross Country Trail	<b>Departure Time:</b> 6:30 AM	NL
Sep 27, 2025	Sat	Regular Season (EJ Hermann Invite)	Whitesboro, Clinton @ Utica Proctor (JFK/DMS)	9:30 AM		Proctor Park	<b>Departure Time:</b> 6:30 AM	NL
Oct 4, 2025	Sat	Regular Season (Invite at Bainbridge)	@ TBD	10:00 AM		TBD		NL
Oct 11, 2025	Sat	Regular Season (Saratoga State Park)	@ TBD	9:00 AM	3:25 PM	Saratoga Spa State Park	<b>Departure Time:</b> 6:30 AM	NL
Oct 18, 2025	Sat	Regular Season (Marathon at Marathon Elem)	@ TBD	9:15 AM		TBD	<b>Departure Time:</b> 6:30 AM	NL
Oct 25, 2025	Sat	Post-Season (STAC Championships Ann M Mc Guinness Elem School)	@ TBD	TBD		TBD		L

Date: 2025-12-05