



Oneonta

(B) 7/8TH Cross Country

Coaches:

- Dave Slater, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2022	Sat	Regular Season (Dave "Flash" Forbes Invite Fortin Park)	Deposit (Deposit-Hancock)	10:00 AM		Fortin Park		NL
Sep 10, 2022	Sat	Regular Season	TBD	10:00 AM		Fortin Park		L
Sep 17, 2022	Sat	Regular Season	@ New Hartford	9:00 AM		Cross Country Course (Perry JH)	Departure Time: 6:30 AM	NL
Sep 24, 2022	Sat	Regular Season	@ Utica Proctor (JFK/DMS)	9:30 AM		Proctor Park	Departure Time: 6:30 AM	NL
Oct 1, 2022	Sat	Regular Season (Whitesboro Cross country Invitational)	Rome Free Academy, Notre Dame, Utica, Corcoran (Syracuse West), New York Mills, New Hartford, Westmoreland, Adirondack, Hamilton, Cooperstown (Modified), Liverpool, Central Valley Academy, West Canada Valley, Mount Markham, Henninger, Utica Proctor (JFK/DMS), Oriskany, South Lewis, Oneida, Central Square, Remsen (Remsen) @ Whitesboro	9:00 AM		Deerfield Town Wilderness Park	Departure Time: 6:30 AM	NL
Oct 8, 2022	Sat	Regular Season	@ Rome Free Academy	11:00 AM		TBD	Departure Time: 8:00 AM	NL
Oct 11, 2022	Tue	Regular Season ((STAC East Division Championship) @ Norwich)	@ TBD	4:30 PM		TBD	Departure Time: 3:00 PM	L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invite @ Saratoga State Park)	@ TBD	9:00 AM		TBD	Departure Time: 6:30 AM	NL
Oct 22, 2022	Sat	Regular Season (STAC)	Corning-Painted Post, Elmira, Horseheads, Ithaca, Binghamton, Johnson City, Maine-Endwell, Union-Endicott, Chenango Valley, Seton Catholic Central, Norwich, Susquehanna Valley, Windsor @ Owego Apalachin	11:00 AM		Owego Free Academy		L
Oct 29, 2022	Sat	Regular Season (Battle of Hynes Hill Endicott)	@ TBD	9:00 AM		TBD	Departure Date: Oct 29, 2022 Departure Time: 6:45 AM	NL

Date: 2026-01-16