

Oneonta

(G) V Cross Country

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2022	Sat	Regular Season (Dave "Flash" Forbes Invite)	TBD	10:00 AM		Fortin Park		L
Sep 17, 2022	Sat	Regular Season	@ New Hartford	9:00 AM		Cross Country Course (Perry JH)	Departure Date: Sep 17, 2022 Departure Time: 6:30 AM	NL
Sep 24, 2022	Sat	Regular Season (EJ Herrmann Invite)	@ Utica Proctor	9:30 AM		Proctor Park	Departure Date: Sep 24, 2022 Departure Time: 6:30 AM	NL
Oct 1, 2022	Sat	Regular Season (Whitesboro Cross country invitational)	Watertown, Notre Dame, Utica, Corcoran (Syracuse West) @ Whitesboro	9:00 AM		Deerfield Town Wilderness Park		NL
Oct 8, 2022	Sat	Regular Season (Rome Coughlin Invite)	@ Rome Free Academy	11:00 AM		RFA Cross Country Course	Departure Date: Oct 8, 2022 Departure Time: 8:00 AM	NL
Oct 11, 2022	Tue	Regular Season (STAC East Division Championship)	Susquehanna Valley, Windsor @ Norwich	4:30 PM	6:30 PM	Norwich HS		L
CANCELLED Oct 15, 2022	Sat	Regular Season (Burnt Hills Invite)	South Glens Falls @ TBD	9:00 AM		Saratoga Spa State Park	Departure Date: Oct 15, 2022 Departure Time: 6:30 AM	NL
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invy)	Niskayuna High School, Schenectady High School, South Glens Falls, Saratoga Springs High School @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park		L
Oct 22, 2022	Sat	Regular Season (STAC)	Corning-Painted Post, Elmira, Horseheads, Ithaca, Binghamton, Johnson City, Maine-Endwell, Union-Endicott, Vestal, TBD, Chenango Valley, Seton Catholic Central, Norwich, Susquehanna Valley, Windsor @ Owego Apalachin	TBD		Pheasant Hill Country Club		L

Date: 2022-08-13