



Notre Dame, Elmira

(B) V Winter Track

Coaches:

- Cleo Baker

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|-----------------------------------|--------------------------------|---------------------|
| Nov 13, 2023 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Nov 14, 2023 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Nov 15, 2023 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Nov 16, 2023 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Nov 17, 2023 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Nov 20, 2023 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Nov 21, 2023 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Nov 22, 2023 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Nov 24, 2023 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Nov 27, 2023 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Nov 28, 2023 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Nov 29, 2023 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Nov 30, 2023 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 1, 2023 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 3, 2023 | Sun | Regular Season (Ithaca Bomber @ Ithaca College) | @ TBD | 10:00 AM | | Ithaca College Athletic Complex | Departure Time: 7:45 AM | L |
| Dec 4, 2023 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 5, 2023 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 6, 2023 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 7, 2023 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|-----------|------------|----------|-----------------------------------|---------------------------------|---------------------|
| Dec 8, 2023 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 9, 2023 | Sat | Regular Season (Finger Lakes Invitational) | @ TBD | 2:00 PM | | Cortland State Lusk Field House | Departure Time: 11:45 AM | L |
| Dec 11, 2023 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 12, 2023 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 13, 2023 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 14, 2023 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 15, 2023 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 16, 2023 | Sat | Regular Season (Winter Classic) | @ TBD | 9:00 AM | | Cortland State Lusk Field House | Departure Time: 6:45 AM | L |
| Dec 18, 2023 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 19, 2023 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 20, 2023 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 21, 2023 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 22, 2023 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 25, 2023 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 26, 2023 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 27, 2023 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 28, 2023 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Dec 29, 2023 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 2, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|-----------------------------------|--------------------------|---------------------|
| Jan 3, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 4, 2024 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 5, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 5, 2024 | Fri | Regular Season (Hurley Invite @ Ithaca College) | @ TBD | 5:00 PM | | Ithaca College Athletic Complex | Departure Time: 2:45 PM | L |
| Jan 8, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 10, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 11, 2024 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 12, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 13, 2024 | Sat | Regular Season (607 Invite) | @ TBD | 2:00 PM | | Cortland State Lusk Field House | Departure Time: 11:45 PM | L |
| Jan 15, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 16, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 17, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 18, 2024 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 19, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 22, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 23, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 24, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 25, 2024 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 26, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 27, 2024 | Sat | Regular Season (Quinney IAC-MAC Invite) | @ TBD | 6:00 PM | | Cortland State Lusk Field House | | L |
| Jan 29, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---------------------------------------|-----------|------------|----------|-----------------------------------|------------------------------------|---------------------|
| Jan 30, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Jan 31, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 1, 2024 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 2, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 5, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 6, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 7, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 8, 2024 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 9, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 12, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 13, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 14, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 15, 2024 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 16, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 17, 2024 | Sat | Regular Season (Section 4 Classic) | @ TBD | 6:00 PM | | Cortland State Lusk Field House | | L |
| Feb 19, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 20, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 21, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 22, 2024 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 23, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Elmira Notre Dame- Wrestling Room | | |
| Feb 25, 2024 | Sun | Post-Season (Section 4 Championships) | @ TBD | 2:00 PM | | Cornell University | Departure Time: 12:00 PM | L |

Date: 2024-04-18