



Notre Dame, Elmira

(G) V Winter Track

Coaches:

- Cleo Baker

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Nov 19, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Nov 20, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Nov 21, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Nov 22, 2024	Fri	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Nov 25, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Nov 26, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Nov 27, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Dec 2, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Dec 3, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Dec 4, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Dec 5, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Dec 6, 2024	Fri	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Dec 8, 2024	Sun	Regular Season (@ Ithaca College)	TBD	10:00 AM		Ithaca College Athletic Complex	Departure Time: 8:00 AM		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 9, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Dec 10, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Dec 11, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Dec 12, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Dec 13, 2024	Fri	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Dec 14, 2024	Sat	Regular Season	TBD	2:00 PM		Cortland State Lusk Field House	Departure Time: 11:45 AM		L
Dec 16, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Dec 17, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Dec 18, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Dec 19, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
POSTPONED Dec 20, 2024	Fri	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 3, 2025	Fri	Regular Season	TBD	5:00 PM		Ithaca College Athletic Complex	Departure Time: 3:00 PM		L
Jan 6, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 7, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 8, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 9, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 10, 2025	Fri	Regular Season	TBD	7:00 PM		Cortland State Lusk Field House	Departure Time: 5:00 PM		L
Jan 13, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 14, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 15, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 16, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 17, 2025	Fri	Regular Season	TBD	5:00 PM		Ithaca College Athletic Complex	Class Dismissal: 2:45 PM	Departure Time: 3:00 PM	L
Jan 20, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 21, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 22, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 23, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 24, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 27, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 28, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 29, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 30, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Jan 31, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	LEAGUE
Feb 3, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Feb 4, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Feb 5, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Feb 6, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Feb 7, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Feb 8, 2025	Sat	Post-Season	TBD	1:00 PM		Cornell University	Departure Time: 11:00 AM		L
Feb 10, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Feb 11, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Feb 12, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Feb 13, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Feb 14, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
POSTPONED Feb 15, 2025	Sat	Regular Season (@ Cortland)	TBD	2:00 PM		Cortland State Lusk Field House	Departure Time: 11:45 AM		L
Feb 23, 2025	Sun	Regular Season	TBD	2:00 PM		Cornell University	Departure Time: 12:00 PM		L
Feb 24, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Feb 25, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Feb 26, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Feb 27, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 28, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Mar 3, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Mar 4, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Mar 5, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Mar 6, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Mar 7, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Elmira Notre Dame-Wrestling Room			
Mar 8, 2025	Sat	Regular Season (States @ Ocean Breeze)	TBD	8:00 AM		Ocean Breeze Athletic Complex			L

Date: 2025-03-28