



Notre Dame, Elmira

(G) V Swimming/Diving

Coaches:

- Maryanne Gonzalez

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Aug 22, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Aug 23, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Aug 24, 2023	Thu	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Aug 25, 2023	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Aug 28, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Aug 29, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Aug 30, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Aug 31, 2023	Thu	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 1, 2023	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 4, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 5, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 6, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 8, 2023	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 9, 2023	Sat	Regular Season (Waverly Invite)	@ Waverly	TBD		Waverly High School Pool			L
Sep 11, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 12, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 13, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 14, 2023	Thu	Regular Season 48-90 L	@ Watkins Glen (Storm)	5:00 PM	7:00 PM	W G Pool	Departure Time: 3:45 PM		L
Sep 15, 2023	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			

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Sep 18, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 19, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 20, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 21, 2023	Thu	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 22, 2023	Fri	Regular Season (Invitational In the Glen - Day 1 - Live Stream on NFHS)	Lansing, Shenendehowa High School, Valley Central, Skaneateles, Wallkill, Fairport, Albany Academies, Hilton, Corning-Painted Post, Southern Cayuga, Waverly, Horseheads, Burnt Hills-Ballston Lake HS, Whitney Point @ Watkins Glen (Storm)	4:30 PM	8:00 PM	W G Pool	Departure Time: 3:15 PM		NL
Sep 23, 2023	Sat	Regular Season (Invitational In the Glen - Day 2 Diving 9:30 AM & Swimming 2 PM - NFHS Live Stream Swim Only)	Lansing, Shenendehowa High School, Valley Central, Skaneateles, Wallkill, Fairport, Albany Academies, Hilton, Burnt Hills-Ballston Lake HS, Corning-Painted Post, Southern Cayuga, Waverly, Horseheads, Whitney Point @ Watkins Glen (Storm)	9:30 AM	8:00 PM	W G Pool			NL

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Sep 25, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 26, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 27, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 28, 2023	Thu	Regular Season	@ Southern Cayuga	4:30 PM		Southern Cayuga Jr/Sr High School Pool	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM	L
Sep 29, 2023	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 2, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 3, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 4, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 5, 2023	Thu	Regular Season 55-111 L	@ Lansing	4:30 PM		Lansing HS (Pool)	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM	L
Oct 9, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 10, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			

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Oct 11, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 12, 2023	Thu	Regular Season	Whitney Point @ Dryden	4:30 PM		Dryden HS	Class Dismissal: 2:35 PM	Departure Time: 2:45 PM	L
Oct 12, 2023	Thu	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 13, 2023	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 14, 2023	Sat	Regular Season (Elmira Swim/Diving Invitational)	@ Elmira	10:15 AM		EDA Pool			NL
Oct 16, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 18, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 19, 2023	Thu	Regular Season (Senior Night) 80-51 W	@ Elmira	5:00 PM		EDA Pool			NL
Oct 20, 2023	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 21, 2023	Sat	Regular Season (IAC Championships)	Dryden, Southern Cayuga, Lansing, Whitney Point @ Watkins Glen (Storm)	11:30 AM	5:30 PM	W G Pool			L
Oct 23, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 24, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			

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Oct 26, 2023	Thu	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 27, 2023	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 30, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 31, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Nov 1, 2023	Wed	Post-Season (Section IV Class C Pre-lims (Tickets online through GoFan))	Southern Cayuga, Lansing, Dryden, Whitney Point, Greene, Susquehanna Valley @ Watkins Glen (Storm)	5:00 PM		W G Pool			NL
Nov 4, 2023	Sat	Post-Season (Section IV Finals - Class C (Tickets online through GoFan))	Lansing, Whitney Point, Southern Cayuga, Dryden, Greene, Susquehanna Valley @ Watkins Glen (Storm)	11:00 AM		W G Pool			NL

Date: 2026-02-02