



# Notre Dame, Elmira

## (G) V Swimming/Diving

### Coaches:

- Maryanne Gonzalez

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Aug 23, 2022	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Aug 24, 2022	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Aug 25, 2022	Thu	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Aug 26, 2022	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Aug 27, 2022	Sat	Practice (Dry Land Practice)	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Aug 29, 2022	Mon	Practice	N/A	TBD		Elmira High School (EHS): Swimming Pool			
Aug 30, 2022	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
CANCELLED Aug 31, 2022	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 1, 2022	Thu	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2022	Fri	Practice	N/A	5:30 PM	7:00 PM	Elmira Notre Dame-Wrestling Room			
CANCELLED Sep 3, 2022	Sat	Practice (Dry Land Practice)	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Sep 6, 2022	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 7, 2022	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 8, 2022	Thu	Regular Season	@ Whitney Point	5:00 PM		CEA Pool	<b>Class Dismissal:</b> 2:50 PM	<b>Departure Time:</b> 3:00 PM	L
Sep 9, 2022	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 10, 2022	Sat	Regular Season (2022 Wolverine Swim & Dive Invite) 150-436-366-324-199-181-78-197 L	Corning-Painted Post, Chenango Valley, Maine-Endwell, Norwich, Elmira, Susquehanna Valley @ Waverly	5:00 PM		Waverly High School Pool			NL
Sep 12, 2022	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 13, 2022	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 14, 2022	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 15, 2022	Thu	Regular Season	@ Waverly	5:00 PM		Waverly High School Pool	<b>Departure Time:</b> 3:30 PM		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 16, 2022	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 17, 2022	Sat	Practice (Dry Land Practice)	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Sep 19, 2022	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 20, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	Elmira Notre Dame-Wrestling Room			
Sep 21, 2022	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 22, 2022	Thu	Regular Season 66-96 L	@ Lansing	4:30 PM		Lansing HS (Pool)	<b>Class Dismissal:</b> 2:20 PM	<b>Departure Time:</b> 2:30 PM	L
Sep 23, 2022	Fri	Regular Season (Invitational In The Glen)	Southern Cayuga, Corning-Painted Post, Shenendehowa High School, Ithaca, Hilton, Skaneateles, Lansing, Wallkill, New Paltz, Horseheads @ Watkins Glen (Storm)	4:30 PM	8:00 PM	W G Pool	<b>Class Dismissal:</b> 2:30 PM	<b>Departure Time:</b> 2:40 PM	NL
Sep 24, 2022	Sat	Regular Season (Invitational In The Glen Day 2 - Diving 9:30 PM & Swimming 2 PM )	Southern Cayuga, Corning-Painted Post, Shenendehowa High School, Ithaca, Hilton, Skaneateles, Lansing, New Paltz, Wallkill, Horseheads @ Watkins Glen (Storm)	9:30 AM		W G Pool			NL
Sep 26, 2022	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 27, 2022	Tue	Regular Season	Whitney Point @ Dryden	4:30 PM		Dryden HS	<b>Class Dismissal:</b> 2:20 PM	<b>Departure Time:</b> 2:30 PM	L
Sep 28, 2022	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 29, 2022	Thu	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Sep 30, 2022	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 1, 2022	Sat	Practice (Dry Land Practice)	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Oct 3, 2022	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 4, 2022	Tue	Regular Season	@ Waverly	5:00 PM		Waverly High School Pool	<b>Class Dismissal:</b> 2:50 PM	<b>Departure Time:</b> 3:00 PM	L
Oct 4, 2022	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 5, 2022	Wed	Regular Season 44-103 L	@ Watkins Glen (Storm)	5:00 PM	7:00 PM	W G Pool			L
Oct 5, 2022	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
POSTPONED Oct 7, 2022	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 8, 2022	Sat	Practice (Dry Land Practice)	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			

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Oct 11, 2022	Tue	Regular Season (senior night) 28-52 L	@ Southern Cayuga	4:30 PM		Southern Cayuga Jr/Sr High School Pool	<b>Class Dismissal:</b> 1:45 PM	<b>Departure Time:</b> 2:00 PM	L
Oct 12, 2022	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 13, 2022	Thu	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 15, 2022	Sat	Regular Season (Elmira Invitational)	TBD	11:00 AM		TBD			L
Oct 17, 2022	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 18, 2022	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 19, 2022	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 20, 2022	Thu	Regular Season (SENIOR NIGHT)	Elmira	5:30 PM		EDA Pool			L
Oct 21, 2022	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 22, 2022	Sat	Regular Season (IAC Championships - Diving 1:30 PM , Swimming 4 PM See notes for GoFan Pre Sale Tickets link )	Whitney Point, Lansing, Dryden, Southern Cayuga, Waverly @ Watkins Glen (Storm)	1:30 PM		W G Pool			L
Oct 24, 2022	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			

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Oct 25, 2022	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 26, 2022	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 27, 2022	Thu	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 28, 2022	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Oct 29, 2022	Sat	Practice (Dry Land Practice)	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Oct 31, 2022	Mon	Practice (Dry Land Practice)	N/A	4:00 PM	6:00 PM	Elmira Notre Dame-Wrestling Room			
Nov 1, 2022	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Nov 2, 2022	Wed	Post-Season (Section IV Class C Prelims (Tickets online through GoFan))	Dryden, Whitney Point, Susquehanna Valley, Greene, Southern Cayuga, Lansing @ Watkins Glen (Storm)	4:30 PM		W G Pool			NL
Nov 3, 2022	Thu	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			
Nov 4, 2022	Fri	Practice	N/A	6:00 PM	8:00 PM	Elmira High School (EHS): Swimming Pool			

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Nov 5, 2022	Sat	Post-Season (Section IV - Finals Class C (Tickets Through GoFan Only) - Live Stream on NFHS )	Dryden, Whitney Point, Susquehanna Valley, Greene, Southern Cayuga, Lansing @ Watkins Glen (Storm)	11:00 AM		W G Pool			NL

Date: 2026-02-02