

## Coaches:

• Josh Miller, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Jul 3, 2023	Mon	Practice (Open Field)	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		LLNGOL
Jul 10, 2023	Mon	Practice (Open Field)	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Jul 14, 2023	Fri	Practice (Open Field)	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Jul 18, 2023	Tue	Practice (Open Field)	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Jul 21, 2023	Fri	Practice (Open Field)	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Jul 24, 2023	Mon	Practice (Open Field)	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Jul 28, 2023	Fri	Practice (Open Field)	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Jul 31, 2023	Mon	Practice (Open Field)	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Aug 7, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	Elmira Notre Dame Stadium Field - Turf		
Aug 8, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Elmira Notre Dame Stadium Field - Turf		
Aug 9, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	Elmira Notre Dame Stadium Field - Turf		
Aug 10, 2023	Thu	Practice	N/A	6:00 PM	8:00 PM	TBD		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Aug 21, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	Elmira Notre Dame Stadium Field - Turf	
Aug 21, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf	
Aug 22, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	Stadium Field - Turf	
Aug 22, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	Elmira Notre Dame Stadium Field - Turf	
Aug 23, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	Stadium Field - Turf	
Aug 23, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf	
Aug 24, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	Stadium Field - Turf	
Aug 24, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf	
Aug 25, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	Elmira Notre Dame Stadium Field - Turf	
Aug 25, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf	
Aug 28, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf	
Aug 29, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf	
Aug 31, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END	LOCATION	DEPARTURE TRANSPORTATION	LEAGU / NON- LEAGU
Sep 1, 2023	Fri	Regular Season 1-2 L	Dryden	7:00 PM		Elmira Notre Dame Stadium Field - Turf		L
Sep 4, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Sep 4, 2023	Mon	Practice (Team Dinner)	N/A	5:30 PM	6:30 PM	TBD		
Sep 6, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Sep 7, 2023	Thu	Regular Season 3-0 W	Odessa- Montour	6:00 PM		Elmira Notre Dame Stadium Field - Turf		L
Sep 8, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Sep 9, 2023	Sat	Practice (Disability Walk Set Up - Team Volunteering & Community Service)	N/A	8:00 AM	10:00 AM	TBD		
Sep 11, 2023	Mon	Regular Season 1-1 T	Trumansburg	6:00 PM		Elmira Notre Dame Stadium Field - Turf		L
Sep 12, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Sep 13, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Sep 15, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Sep 16, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	Elmira Notre Dame Stadium Field - Turf		
Sep 18, 2023	Mon	Regular Season	Newark Valley	6:00 PM		Elmira Notre Dame Stadium Field - Turf		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	<b>DEPARTURE TRANSPORTATION</b>	LEAGUE / NON- LEAGUE
Sep 19, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Sep 20, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Sep 20, 2023	Wed	Practice (Team Dinner)	N/A	5:30 PM	6:30 PM	TBD		
Sep 21, 2023	Thu	Regular Season (Senior Night)	Tioga	6:00 PM		Elmira Notre Dame Stadium Field - Turf		L
Sep 26, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Sep 27, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Sep 29, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Sep 30, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	Elmira Notre Dame Stadium Field - Turf		
Sep 30, 2023	Sat	Practice (Team Lunch)	N/A	10:00 AM	11:00 AM	TBD		
Oct 2, 2023	Mon	Regular Season 1-1 T	Spencer-Van Etten (SVEC Eagles)	6:00 PM		Elmira Notre Dame Stadium Field - Turf		L
Oct 3, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Oct 4, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		
Oct 7, 2023	Sat	Regular Season (HOMECOMING) 1-3 L	Elmira	7:00 PM		Elmira Notre Dame Stadium Field - Turf		NL
Oct 9, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	E TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 10, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf			
Oct 11, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf			
Oct 13, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Elmira Notre Dame Stadium Field - Turf			
Oct 14, 2023	Sat	Practice (Team Lunch)	N/A	10:00 AM	11:00 AM	TBD			
Oct 16, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	TBD			
Oct 17, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	TBD			
Oct 18, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	TBD			
Oct 19, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	TBD			
Oct 20, 2023	Fri	Post-Season (Sectionals)	Worcester	3:30 PM		Elmira Notre Dame Stadium Field - Turf	Class Dismissal: 2:15 PM		L
Oct 24, 2023	Tue	Post-Season (Sectional Semi- Final Game)	Edmeston	3:00 PM	5:00 PM	Wright National Soccer Campus		Departure Time: 11:45 AM	NL

Date: 2024-04-18