Coaches:



Cleo Baker

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 12, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room		
Mar 13, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room		
Mar 14, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room		
Mar 15, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room		
Mar 18, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room		
Mar 19, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room		
Mar 20, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room		
Mar 21, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room		
Mar 22, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room		
Mar 25, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room		
Mar 26, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	E TRANSPORTATIO	LEAGUE N / NON- LEAGUE
Mar 27, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Mar 28, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Mar 29, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 1, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 2, 2024	Tue	Regular Season (Senior Night) 32-46 L	Watkins Glen	4:30 PM		Elmira Notre Dame Stadium Field - Turf			L
Apr 3, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 4, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 5, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 8, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 9, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 10, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 10, 2024	Wed	Regular Season 22-29-111 L	Elmira Heights @ Lansing	4:30 PM		Lansing Varsity Field (Sobus)	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM	L
Apr 11, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 12, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 13, 2024	Sat	Regular Season (@ Windsor)	@ Windsor	10:00 AM		Windsor High School Track		Departure Time: 8:00 AM	L
Apr 15, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 15, 2024	Mon	Regular Season (END, WG at WP)	Watkins Glen @ Whitney Point	4:30 PM		WPHS Tymeson Turf Field	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM	L
Apr 16, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 17, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 18, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 19, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 22, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
CANCELLED Apr 22, 2024	Mon	Regular Season	@ Trumansburg	4:30 PM		Stadium Field			L
Apr 23, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 24, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 25, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 26, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 27, 2024	Sat	Regular Season (@ Elmira (Waite Molnar Invite))	@ TBD	2:00 PM		TBD			L
Apr 29, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 29, 2024	Mon	Regular Season (Senior Night)	Lansing, Newark Valley @ Dryden	4:30 PM		Dryden High School Stadium	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM	L
Apr 30, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
Apr 30, 2024	Tue	Regular Season (Trumansburg, Wp, TAE, Watkins Glen)	Whitney Point, Watkins Glen, Trumansburg @ Elmira Heights	4:30 PM		Edison High School			L
May 1, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 2, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 3, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 4, 2024	Sat	Regular Season (@ HHDS Blue Shoes Invite)	@ TBD	9:00 AM		TBD			L
May 6, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 6, 2024	Mon	Regular Season (Divisional Meet)	Newark Valley, Elmira Heights @ Watkins Glen	4:30 PM		W G Alumni Field	Class Dismissal: 2:30 PM	Departure Time: 2:45 PM	L
May 7, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 8, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 9, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 10, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 10, 2024	Fri	Regular Season (@ Corning Fast Times Meet)	@ TBD	4:00 PM		TBD	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM	L
May 13, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 13, 2024	Mon	Regular Season (Pentathalon @ Odessa)	@ TBD	4:30 PM		TBD			L
May 14, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 15, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 15, 2024	Wed	Regular Season (IAC CHAMPIONSHIPS @ DRYDEN or TRUMANSBURG TBD))	@ TBD	4:30 PM		TBD	Class Dismissal: 2:30 PM	Departure Time: 2:45 PM	L
May 16, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 16, 2024	Thu	Regular Season (IAC CHAMPIONSHIPS @ DRYDEN or TRUMANSBURG TBD))	@ TBD	4:30 PM		TBD	Class Dismissal: 2:30 PM	Departure Time: 2:45 PM	L
May 17, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 20, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 21, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 22, 2024	Wed	Regular Season (Class D Sectionals @ Marathon)	@ TBD	2:00 PM		TBD	Class Dismissal: 11:30 AM	Departure Time: 11:45 AM	L
May 22, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 23, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 24, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Elmira Notre Dame- Wrestling Room			
May 29, 2024	Wed	Regular Season (State Quals at UE)	@ TBD	5:00 PM		TBD		Departure Time: 3:15 PM	L
May 30, 2024	Thu	Regular Season (State Quals at UE)	@ TBD	5:00 PM		TBD		Departure Time: 3:15 PM	L
Jun 7, 2024	Fri	Regular Season (States @ Cicero Syracuse)	@ TBD	TBD		TBD			L

Date: 2024-04-20