



Notre Dame, Elmira

(B) MOD7/8/9 Outdoor Track

Coaches:

- Tony Joe

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 31, 2025	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 1, 2025	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 2, 2025	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 3, 2025	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 4, 2025	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 7, 2025	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 8, 2025	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 9, 2025	Wed	Regular Season	Watkins Glen, Spencer-Van Etten @ Elmira Heights	4:30 PM		Edison High School	Departure Time: 3:15 PM		L
Apr 10, 2025	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 11, 2025	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 14, 2025	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 15, 2025	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 16, 2025	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 17, 2025	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 18, 2025	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 21, 2025	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 22, 2025	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 23, 2025	Wed	Regular Season (HOME MEET)	Odessa-Montour, Elmira Heights, Watkins Glen	4:30 PM		Elmira Notre Dame Stadium Field - Turf			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 24, 2025	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 25, 2025	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 28, 2025	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 29, 2025	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Apr 30, 2025	Wed	Regular Season (@ Odessa Montour)	@ TBD	4:30 PM		TBD	Departure Time: 3:15 PM		L
Apr 30, 2025	Wed	Regular Season	Trumansburg, Candor (Candor), Tioga, Watkins Glen @ Odessa-Montour	4:30 PM		Charles Martin Field			L
May 1, 2025	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
May 2, 2025	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
May 5, 2025	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
May 7, 2025	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
May 8, 2025	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
May 8, 2025	Thu	Regular Season	Candor (Candor) @ Elmira Heights	4:30 PM		Edison High School	Departure Time: 3:15 PM		L
May 9, 2025	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
May 12, 2025	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
May 13, 2025	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
May 14, 2025	Wed	Regular Season (@ Newark Valley)	@ TBD	4:30 PM		TBD	Class Dismissal: 2:45 PM	Departure Time: 3:00 PM	L
May 14, 2025	Wed	Regular Season	Elmira Heights, Watkins Glen @ Newark Valley	4:30 PM		Newark Valley High School			L
May 20, 2025	Tue	Regular Season (@ Trumansburg)	@ Trumansburg	4:30 PM		Stadium Field	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 27, 2025	Tue	Regular Season (@ Marathon)	@ Marathon	4:00 PM		TBD	Class Dismissal: 2:00 PM	Departure Time: 2:15 PM	L

Date: 2026-03-15