



Notre Dame, Elmira

(B) MOD7/8/9 Outdoor Track

Coaches:

- Tony Joe

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 20, 2023	Mon	Practice	N/A	3:15 PM	4:45 PM	TBD			
Mar 20, 2023	Mon	Practice (First practice)	N/A	3:30 PM	5:00 PM	TBD			
Mar 21, 2023	Tue	Practice	N/A	3:15 PM	4:45 PM	TBD			
Mar 22, 2023	Wed	Practice	N/A	3:15 PM	4:45 PM	TBD			
Mar 23, 2023	Thu	Practice	N/A	3:15 PM	4:45 PM	TBD			
Mar 24, 2023	Fri	Practice	N/A	3:15 PM	4:45 PM	TBD			
Apr 12, 2023	Wed	Regular Season	Spencer-Van Etten, Odessa-Montour, Elmira Heights, Watkins Glen, Waverly	4:30 PM		Elmira Notre Dame Stadium Field - Turf			L
Apr 19, 2023	Wed	Regular Season	Elmira Heights, Watkins Glen @ Spencer-Van Etten	4:30 PM		Spencer-Van Etten HS	Departure Time: 3:00 PM		L
Apr 26, 2023	Wed	Regular Season	Marathon, Southern Cayuga, Whitney Point @ Dryden	4:30 PM		Dryden High School Stadium	Class Dismissal: 2:50 PM	Departure Time: 3:00 PM	L
May 1, 2023	Mon	Regular Season	Southern Cayuga, Dryden, Whitney Point @ Marathon	4:30 PM		Marathon H S			L
May 3, 2023	Wed	Regular Season	Elmira Heights, Waverly	4:30 PM		Elmira Notre Dame Stadium Field - Turf			L
May 15, 2023	Mon	Regular Season (League Modified Meet)	Newark Valley, Watkins Glen @ Waverly	4:30 PM		Waverly Track Facility	Departure Time: 3:15 PM		L
May 22, 2023	Mon	Regular Season (MARATHON JUNIOR HIGH INVITATIONAL)	@ Marathon	4:00 PM		TBD	Class Dismissal: 2:05 PM	Departure Time: 2:15 PM	L

Date: 2026-03-13