



# Notre Dame, Elmira

## (B) V Cross Country

### Coaches:

- Eric Doud

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 23, 2021	Mon	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Aug 24, 2021	Tue	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Aug 25, 2021	Wed	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Aug 26, 2021	Thu	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Aug 27, 2021	Fri	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Aug 30, 2021	Mon	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Aug 31, 2021	Tue	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Sep 1, 2021	Wed	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Sep 2, 2021	Thu	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Sep 3, 2021	Fri	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Sep 7, 2021	Tue	Regular Season (HS soccer field instead of the state park this year )	Groton, Waverly, Lansing @ Watkins Glen	5:00 PM	7:00 PM	W G Soccer Field	<b>Departure Time:</b> 3:20 PM		L

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Sep 8, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 9, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 10, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 11, 2021	Sat	Regular Season	Waverly	9:00 AM		Murray Athletic Center			L
Sep 11, 2021	Sat	Regular Season (CROSS COUNTRY INVITATIONAL)	Elmira Heights, Waverly	TBD		Murray Athletic Center			NL
Sep 13, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 14, 2021	Tue	Regular Season	Elmira Heights, Newark Valley, Dryden	5:00 PM		Murray Athletic Center			L
Sep 15, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 16, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 17, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 20, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 21, 2021	Tue	Regular Season	Elmira Heights @ Tioga	5:00 PM		Haggerty Field/Track	<b>Departure Time:</b> 3:20 PM		L
Sep 22, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			

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Sep 23, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 24, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 25, 2021	Sat	Regular Season (Owego Invite)	@ Owego Apalachin	9:00 AM		Owego Free Academy	<b>Departure Time:</b> 7:15 AM		L
Sep 27, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 28, 2021	Tue	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 29, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 30, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 1, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 2, 2021	Sat	Regular Season (McQuaid Invite)	@ McQuaid Jesuit	9:00 AM		TBD	<b>Departure Time:</b> 5:45 AM		L
Oct 4, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 5, 2021	Tue	Regular Season (Divisionals)	Spencer-Van Etten (S-VE Panthers), Elmira Heights, Tioga, Watkins Glen, Waverly, Notre Dame, Elmira @ Newark Valley	4:00 PM	6:30 PM	Newark Valley High School	<b>Class Dismissal:</b> 2:20 PM	<b>Departure Time:</b> 2:35 PM	L
Oct 5, 2021	Tue	Regular Season	Notre Dame, Elmira @ Newark Valley	4:00 PM	6:30 PM	Newark Valley High School	<b>Class Dismissal:</b> 2:20 PM	<b>Departure Time:</b> 2:35 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 6, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 7, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 8, 2021	Fri	Regular Season	Notre Dame, Elmira @ Newark	4:00 PM		Newark HS	<b>Class Dismissal:</b> 2:20 PM	<b>Departure Time:</b> 2:35 PM	L
Oct 11, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 12, 2021	Tue	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 13, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 14, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 15, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 16, 2021	Sat	Regular Season	@ Marathon	TBD		Appleby E S			NL
Oct 18, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 19, 2021	Tue	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 20, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 21, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 22, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 25, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 26, 2021	Tue	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 27, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 28, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 29, 2021	Fri	Regular Season (IAC Championship)	@ Marathon	4:00 PM		Appleby ES	<b>Class Dismissal:</b> 1:30 PM	<b>Departure Time:</b> 1:45 PM	L

Date: 2024-04-20