



Notre Dame, Elmira

(B) V Cross Country

Coaches:

- Tony Joe

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 14, 2018	Tue	Practice (Practice Schedules)	N/A	3:00 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Aug 15, 2018	Wed	Practice (Practice Schedules)	N/A	3:00 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Aug 16, 2018	Thu	Practice (Practice Schedules)	N/A	3:00 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Aug 17, 2018	Fri	Practice (Practice Schedules)	N/A	3:00 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Aug 18, 2018	Sat	Practice	N/A	3:00 PM	5:00 PM	Elmira Notre Dame: HS Gymnasium			
Aug 31, 2018	Fri	Regular Season	@ Houghton Academy	TBD		TBD			L
Sep 11, 2018	Tue	Regular Season (Senior Night)	Trumansburg, Tioga @ Watkins Glen	5:00 PM		Watkins Glen State Park	Departure Time: 3:15 PM		L
POSTPONED Sep 18, 2018	Tue	Regular Season	@ TBD	5:00 PM	7:00 PM	TBD			L
Sep 22, 2018	Sat	Regular Season	@ LeRoy	TBD		LeRoy J/SHS	Departure Time: 7:30 AM		L
Sep 25, 2018	Tue	Regular Season	Tioga	5:00 PM		TBD			L
Sep 29, 2018	Sat	Regular Season	@ McQuaid Jesuit	TBD		McQuaid Jesuit HS	Departure Time: 6:30 AM		L
POSTPONED Oct 2, 2018	Tue	Regular Season	Waverly, Trumansburg @ Dryden	5:00 PM		Dryden H S	Class Dismissal: 2:45 PM	Departure Time: 3:00 PM	L
Oct 9, 2018	Tue	Regular Season	Elmira Heights, Tioga, Watkins Glen, Spencer-Van Etten (S-VE Panthers) @ Newark Valley	4:30 PM		Newark Valley High School	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM	L
Oct 12, 2018	Fri	Regular Season	@ TBD	4:00 PM	6:00 PM	Newark Valley High School	Class Dismissal: 2:00 PM	Departure Time: 2:15 PM	L
Oct 20, 2018	Sat	Regular Season	@ Marathon	TBD		Marathon H S	Departure Time: 7:15 AM		L
Oct 26, 2018	Fri	Post-Season (IAC Championships)	@ Marathon	3:30 PM	7:00 PM	TBD		Departure Time: 1:00 PM	L
Nov 1, 2018	Thu	Post-Season (Sectional Championships)	@ Chenango Valley	11:00 AM	3:00 PM	Chenango Valley State Park	Departure Time: 8:30 AM		L

