



Notre Dame, Elmira

(G) 7/8TH Cross Country

Coaches:

- Tony Joe

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 23, 2021	Mon	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Aug 24, 2021	Tue	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Aug 25, 2021	Wed	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Aug 26, 2021	Thu	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Aug 27, 2021	Fri	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Aug 30, 2021	Mon	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Aug 31, 2021	Tue	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Sep 1, 2021	Wed	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Sep 2, 2021	Thu	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Sep 3, 2021	Fri	Practice	N/A	9:00 AM	11:00 AM	Elmira Notre Dame-Wrestling Room			
Sep 7, 2021	Tue	Regular Season (HS soccer field instead of the state park this year)	Groton, Lansing, Waverly @ Watkins Glen	5:00 PM	7:00 PM	W G Soccer Field	Departure Time: 3:20 PM		L

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Sep 8, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 9, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 10, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 11, 2021	Sat	Regular Season	Waverly	9:00 AM		Murray Athletic Center			L
Sep 13, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 14, 2021	Tue	Regular Season	Elmira Heights, Newark Valley, Dryden	5:00 PM		Murray Athletic Center			L
Sep 15, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 16, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 17, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 20, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 22, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 23, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 24, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 25, 2021	Sat	Regular Season (Owego Invite)	@ Owego Apalachin	9:00 AM		Owego Free Academy	Departure Time: 7:15 AM		L
Sep 27, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 28, 2021	Tue	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 29, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Sep 30, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 1, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 4, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 5, 2021	Tue	Regular Season	Notre Dame, Elmira @ Newark Valley	4:30 PM		Newark Valley High School			L
Oct 5, 2021	Tue	Regular Season	Candor (Candor), Notre Dame, Elmira, Elmira Heights, Spencer-Van Etten (S-VE Panthers), Tioga, Watkins Glen, Waverly @ Newark Valley	4:30 PM		Newark Valley High School			L
Oct 6, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 7, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room			
Oct 8, 2021	Fri	Regular Season	Notre Dame, Elmira @ Newark Valley	4:00 PM		Newark Valley High School			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 11, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room		
Oct 12, 2021	Tue	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room		
Oct 13, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room		
Oct 14, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room		
Oct 15, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room		
Oct 16, 2021	Sat	Regular Season	@ Marathon	TBD		Appleby ES		NL
Oct 18, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room		
Oct 19, 2021	Tue	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room		
Oct 20, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room		
Oct 21, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Elmira Notre Dame-Wrestling Room		
Oct 21, 2021	Thu	Regular Season	@ Trumansburg	5:00 PM		Stadium Field	Bus/Driver: Van Class Dismissal: 2:45 PM Departure Time: 3:00 PM	L

Date: 2026-03-14