



# Newfield

## (G) MOD7/8/9 Outdoor Track

### Coaches:

- David Green
- Ricky Stewart
- Richard Dorval

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 27, 2023	Mon	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room			
Mar 28, 2023	Tue	Practice	N/A	4:00 PM	7:00 PM	Cancro Field			
Mar 29, 2023	Wed	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room			
Mar 30, 2023	Thu	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room			
Mar 31, 2023	Fri	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room			
Apr 3, 2023	Mon	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room			
Apr 4, 2023	Tue	Practice (Modified Outdoor Track TEAM PICTURES)	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room			
Apr 5, 2023	Wed	Regular Season	TBD, TBD, TBD, TBD @ Groton	4:30 PM		Groton High Track/Practice Field			L
Apr 5, 2023	Wed	Regular Season (Week 3 @ Groton)	Trumansburg, Whitney Point, Lansing, Dryden @ Groton	4:30 PM		Groton High Track/Practice Field	<b>Class Dismissal:</b> 2:45 PM	<b>Departure Point:</b> High School <b>Departure Date:</b> Apr 5, 2023 <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
Apr 6, 2023	Thu	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room			
Apr 13, 2023	Thu	Practice	N/A	8:30 AM	9:45 AM	Cancro Field, Middle/High School, Weight Room			
Apr 14, 2023	Fri	Practice	N/A	8:30 AM	9:45 AM	Cancro Field, Middle/High School, Weight Room			
Apr 17, 2023	Mon	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 18, 2023	Tue	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room		
Apr 19, 2023	Wed	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room		
Apr 20, 2023	Thu	Regular Season	Whitney Point, Newark Valley @ Marathon	5:00 PM		TBD	<b>Class Dismissal:</b> 3:00 PM	<b>Departure Point:</b> High School <b>Departure Date:</b> Apr 19, 2023 <b>Departure Time:</b> 3:15 PM <b>Return Date:</b> <b>Return Time:</b> 8:30 PM
Apr 21, 2023	Fri	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room		
Apr 24, 2023	Mon	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room		
Apr 25, 2023	Tue	Practice	N/A	4:00 PM	7:00 PM	Cancro Field		
Apr 26, 2023	Wed	Regular Season	TBD, TBD, TBD @ Groton	4:30 PM		Groton High Track/Practice Field	<b>Class Dismissal:</b> 2:45 PM	<b>Departure Point:</b> High School <b>Departure Date:</b> Apr 26, 2023 <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM
Apr 27, 2023	Thu	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room		
Apr 28, 2023	Fri	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room		
May 1, 2023	Mon	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room		
May 3, 2023	Wed	Regular Season (Modified Track & Field Invitational )	Newark Valley, Whitney Point, Tioga, Marathon, Trumansburg, Dryden, Union Springs, Southern Cayuga, Groton, Lansing @ Moravia	4:30 PM		Scarry Athletic Complex (Track)	<b>Class Dismissal:</b> 2:45 PM	<b>Departure Point:</b> High School <b>Departure Date:</b> May 3, 2023 <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM
May 4, 2023	Thu	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 5, 2023	Fri	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room			
May 8, 2023	Mon	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room			
May 10, 2023	Wed	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room			
May 11, 2023	Thu	Regular Season (Trumansburg Invitational)	Lansing, Whitney Point, Moravia, Union Springs, Marathon, Odessa-Montour @ Trumansburg	4:30 PM		Stadium Field	<b>Class Dismissal:</b> 3:10 PM	<b>Departure Time:</b> 3:20 PM <b>Return Date:</b> May 11, 2023 <b>Return Time:</b> 9:00 PM	L
May 12, 2023	Fri	Practice	N/A	3:20 PM	4:45 PM	Cancro Field, Middle/High School, Weight Room			
May 15, 2023	Mon	Regular Season	Candor (Candor), Odessa-Montour, Elmira Heights @ Spencer-Van Etten	4:30 PM		Spencer-Van Etten HS	<b>Class Dismissal:</b> 3:10 PM	<b>Departure Point:</b> High School <b>Departure Date:</b> May 15, 2023 <b>Departure Time:</b> 3:20 PM <b>Return Date:</b> May 15, 2023 <b>Return Time:</b> 8:00 PM	L

Date: 2024-04-26