

Coaches:

- Richard Dorval
- Ricky Stewart
- David Green

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END		LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Mar 2, 2022	Wed	Practice (Off- season conditioning)	N/A	3:30 PM	4:30 PM	TBD	
Mar 9, 2022	Wed	Practice	N/A	3:30 PM	4:30 PM	TBD	
Mar 14, 2022	Mon	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room	
Mar 15, 2022	Tue	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room	
Mar 16, 2022	Wed	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room, Elementary Upper Gym	
Mar 17, 2022	Thu	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room	
Mar 21, 2022	Mon	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room	
Mar 22, 2022	Tue	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room	
Mar 23, 2022	Wed	Practice	N/A	3:20 PM		Cancro Field, Middle/High School, Weight Room, Elementary Upper Gym	
Mar 24, 2022	Thu	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Mar 25, 2022	Fri	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room	
Mar 28, 2022	Mon	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room	
Mar 29, 2022	Tue	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room	
Mar 30, 2022	Wed	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room, Elementary Upper Gym	
Mar 31, 2022	Thu	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room	
Apr 1, 2022	Fri	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room	
Apr 4, 2022	Mon	Practice	N/A	3:20 PM	5:30 PM	Cancro Field, Middle/High School, Weight Room	
Apr 5, 2022	Tue	Regular Season (Track Meet)	Elmira Heights	4:30 PM		Cancro Field	L
Apr 7, 2022	Thu	Practice	N/A	3:20 PM		Cancro Field, Weight Room, Middle/High School	
Apr 8, 2022	Fri	Practice	N/A	3:20 PM	5:30 PM	Cancro Field, Weight Room, Middle/High School	
CANCELLED Apr 13, 2022	Wed	Practice	N/A	8:00 AM	9:30 AM	Cancro Field, Middle/High School, Weight Room	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 14, 2022	Thu	Practice	N/A	8:00 AM	9:30 AM	Cancro Field, Middle/High School, Weight Room			
Apr 15, 2022	Fri	Practice	N/A	8:00 AM	9:30 AM	Cancro Field, Middle/High School, Weight Room			
Apr 18, 2022	Mon	Practice	N/A	3:20 PM		Cancro Field, Weight Room, Middle/High School			
Apr 19, 2022	Tue	Practice	N/A	3:20 PM	4:30 PM	TBD			
Apr 20, 2022	Wed	Practice	N/A	3:20 PM	5:30 PM	Cancro Field, Weight Room, Middle/High School			
Apr 21, 2022	Thu	Practice	N/A	3:20 PM	5:30 PM	Cancro Field, Weight Room, Middle/High School			
Apr 22, 2022	Fri	Regular Season (Tioga Twisted Track Meet)	Odessa- Montour, Candor (Candor), Spencer-Van Etten, TBD @ Tioga	5:00 PM		Haggerty Field/Track		Departure Point: High School Departure Time: 3:20 PM Return Date: Return Time: 9:00 PM	L
Apr 25, 2022	Mon	Practice	N/A	3:20 PM		Cancro Field, Weight Room, Middle/High School			
Apr 26, 2022	Tue	Regular Season 58-0-78 L	Watkins Glen @ Odessa-Montour			Charles Martin Field	Class Dismissal: 3:10 PM	Departure Point: High School Departure Date: Apr 26, 2022 Departure Time: 3:20 PM Return Date: Return Time: 7:00 PM	L
Apr 27, 2022	Wed	Practice	N/A	3:20 PM		Cancro Field, Weight Room, Middle/High School			
Apr 28, 2022	Thu	Practice	N/A	3:20 PM		Cancro Field, Weight Room, Middle/High School			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME		DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 29, 2022	Fri	Regular Season (Legends of the Night Invitational)	Odessa- Montour, Spencer-Van Etten, Whitney Point, Oxford (Greene/Oxford), Candor (Candor), Notre Dame, Elmira, Groton, Lansing, Marathon, South Seneca, Elmira Heights, Tioga, Watkins Glen @ Trumansburg	5:00 PM		Stadium Field		Departure Point: High School Departure Date: Apr 29, 2022 Departure Time: 3:20 PM Return Date: Return Time: 10:00 PM	L
May 2, 2022	Mon	Practice	N/A	3:20 PM	5:30 PM	Cancro Field, Weight Room, Middle/High School			
May 3, 2022	Tue	Regular Season	Candor (Candor) @ Newark Valley	4:30 PM		Newark Valley High School	Class Dismissal: 2:50 PM	Departure Point: High School Departure Date: May 3, 2022 Departure Time: 3:00 PM Return Date: Return Time: 7:30 PM	L
May 4, 2022	Wed	Practice	N/A	3:20 PM	5:30 PM	Cancro Field, Weight Room, Middle/High School			
May 5, 2022	Thu	Regular Season	Spencer-Van Etten @ Tioga	4:30 PM		Haggerty Field/Track	Class Dismissal: 2:45 PM	Departure Point: High School Departure Date: May 5, 2022 Departure Time: 3:00 PM Return Date: Return Time: 8:00 PM	L
May 6, 2022	Fri	Regular Season (Trumansburg Duo Relays - Senior Night)	Union Springs, Odessa- Montour, Spencer-Van Etten, Southern Cayuga @ Trumansburg	5:00 PM		Stadium Field		Departure Point: High School Departure Date: May 6, 2022 Departure Time: 3:20 PM Return Date: Return Time: 8:30 PM	NL
May 9, 2022	Mon	Practice	N/A	3:20 PM		Cancro Field, Weight Room, Middle/High School			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 10, 2022	Tue	Regular Season (Divisional non- scoring meet)		4:30 PM		Charles Martin Field	Class Dismissal: 3:10 PM	Departure Point: High School Departure Date: May 10, 2022 Departure Time: 3:20 PM Return Date: Return Time: 8:30 PM	L
CANCELLED May 11, 2022	Wed	Practice	N/A	3:20 PM	5:30 PM	Cancro Field, Weight Room, Middle/High School			
May 12, 2022	Thu	Practice	N/A	3:30 PM	5:00 PM	Cancro Field, Weight Room, Middle/High School			
May 13, 2022	Fri	Practice	N/A	3:30 PM		Cancro Field, Weight Room, Middle/High School			
May 17, 2022	Tue	Practice	N/A	3:20 PM		Cancro Field, Weight Room, Middle/High School			
May 18, 2022	Wed	Regular Season (IAC Championships)	@ TBD	4:45 PM		Stadium Field		Departure Point: High School Departure Date: May 18, 2022 Departure Time: 3:20 PM Return Date: May 18, 2022 Return Time: 8:45 PM	L
May 19, 2022	Thu	Regular Season (IAC Championships)	@ TBD	4:45 PM		Stadium Field		Departure Point: High School Departure Date: May 19, 2022 Departure Time: 3:20 PM Return Date: May 19, 2022 Return Time: 8:45 PM	L
May 20, 2022	Fri	Practice	N/A	3:20 PM		Cancro Field, Weight Room, Middle/High School			
May 23, 2022	Mon	Practice	N/A	3:20 PM		Cancro Field, Weight Room, Middle/High School			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 24, 2022	Tue	Regular Season (Section 4 Class D Championships)	@ Marathon	2:00 PM		TBD	Class Dismissal: 11:45 PM	Departure Point: High School Departure Date: May 24, 2022 Departure Time: 12:00 PM Return Date: May 24, 2022 Return Time: 9:30 PM	L
May 25, 2022	Wed	Practice	N/A	3:20 PM		Cancro Field, Weight Room, Middle/High School			
May 26, 2022	Thu	Practice	N/A	3:20 PM	5:00 PM	Cancro Field, Weight Room, Middle/High School			
CANCELLED May 27, 2022	Fri	Practice	N/A	3:20 PM	5:00 PM	Cancro Field, Weight Room, Middle/High School			
May 31, 2022	Tue	Practice	N/A	3:20 PM	5:00 PM	Cancro Field, Weight Room, Middle/High School			
Jun 1, 2022	Wed	Regular Season (Section 4 State Qualifier)	@ Union- Endicott	5:00 PM		UEHS Mike Miller Track	Class Dismissal: 2:30 PM	Departure Point: High School Departure Date: Jun 1, 2022 Departure Time: 2:45 PM Return Date: Jun 1, 2022 Return Time: 9:00 PM	L
Jun 2, 2022	Thu	Regular Season (Union Endicott - Section 4 State Qualifier)	@ Union- Endicott	5:00 PM	8:45 PM	UEHS Mike Miller Track	Class Dismissal: 2:30 PM	Departure Point: High School Departure Date: Jun 2, 2022 Departure Time: 2:45 PM Return Date: Jun 2, 2022 Return Time: 9:00 PM	L

Date: 2024-04-19