

Coaches:

- Richard Dorval
- Ricky StewartDavid Green

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Mar 13, 2023	Mon	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
CANCELLED Mar 14, 2023	Tue	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Mar 15, 2023	Wed	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Mar 16, 2023	Thu	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Mar 17, 2023	Fri	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Mar 18, 2023	Sat	Practice	N/A	8:30 AM	9:45 AM	Cancro Field, Weight Room	
Mar 20, 2023	Mon	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Mar 21, 2023	Tue	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Mar 22, 2023	Wed	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Mar 23, 2023	Thu	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Mar 24, 2023	Fri	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Mar 25, 2023	Sat	Practice	N/A	8:30 AM	9:45 AM	Cancro Field, Middle/High School, Weight Room	
Mar 27, 2023	Mon	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Mar 28, 2023	Tue	Regular Season 46-85-0 L	Odessa- Montour, Watkins Glen	4:30 PM		Cancro Field	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Mar 29, 2023	Wed	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Mar 30, 2023	Thu	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Mar 31, 2023	Fri	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room	
Apr 3, 2023	Mon	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Apr 4, 2023	Tue	Practice (Varsity Outdoor Track TEAM PICTURES)	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Apr 5, 2023	Wed	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Apr 6, 2023	Thu	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Apr 13, 2023	Thu	Practice	N/A	9:00 AM	10:30 AM	Cancro Field, Weight Room	
Apr 14, 2023	Fri	Practice	N/A	9:00 AM	10:30 AM	Cancro Field, Weight Room	
Apr 15, 2023	Sat	Practice	N/A	9:00 AM	10:30 AM	Cancro Field, Middle/High School, Weight Room	
Apr 17, 2023	Mon	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	
Apr 18, 2023	Tue	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room	
Apr 19, 2023	Wed	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 20, 2023	Thu	Regular Season	@ Elmira Heights	4:45 PM		Edison High School	Class Dismissal: 3:00 PM	Departure Point: High School Departure Date: Apr 20, 2023 Departure Time: 3:10 PM Return Date: Return Time: 7:30 PM	L
Apr 21, 2023	Fri	Regular Season	Marathon, Southern Cayuga, Spencer-Van Etten, Elmira Heights, Union Springs, Watkins Glen @ Tioga	4:30 PM		Haggerty Field/Track	Class Dismissal: 2:45 PM	Departure Point: High School Departure Date: Apr 21, 2023 Departure Time: 3:00 PM Return Date: Return Time: 8:30 PM	L
Apr 24, 2023	Mon	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
Apr 25, 2023	Tue	Regular Season	Spencer-Van Etten, Tioga	4:30 PM		Cancro Field			L
Apr 26, 2023	Wed	Practice	N/A	3:20 PM	7:00 PM	Cancro Field			
Apr 27, 2023	Thu	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
Apr 28, 2023	Fri	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Middle/High School, Weight Room			
Apr 29, 2023	Sat	Regular Season (Moravia Relays)	Odessa- Montour, Spencer-Van Etten, Watkins Glen, Tioga, Marathon, Lansing @ Moravia	10:00 AM		Scarry Athletic Complex (Track)		Departure Point: High School Departure Date: Apr 29, 2023 Departure Time: 8:00 AM Return Date: Return Time: 3:00 PM	NL
May 1, 2023	Mon	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
May 2, 2023	Tue	Regular Season	Candor (Candor) @ Newark Valley	4:30 PM		Newark Valley High School	Class Dismissal: 2:45 PM	Departure Point: High School Departure Date: May 2, 2023 Departure Time: 3:00 PM Return Date: Return Time: 7:30 PM	L
May 3, 2023	Wed	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 4, 2023	Thu	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
May 5, 2023	Fri	Regular Season (Legends of the Night)		4:30 PM		Charles Martin Field	Class Dismissal: 3:10 PM	Departure Point: High School Departure Date: May 5, 2023 Departure Time: 3:20 PM Return Date: Return Time: 8:30 PM	NL
May 8, 2023	Mon	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
May 9, 2023	Tue	Regular Season (IAC DIVISIONAL MEET)	Elmira Heights, Candor (Candor), Spencer-Van Etten, Tioga @ Odessa- Montour	4:30 PM		Charles Martin Field	Class Dismissal: 3:00 PM	Departure Point: High School Departure Date: May 9, 2023 Departure Time: 3:10 PM Return Date: Return Time: 8:30 PM	L
May 10, 2023	Wed	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
May 11, 2023	Thu	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
May 12, 2023	Fri	Regular Season (South Seneca Invitational)	@ South Seneca	5:00 PM	9:30 PM	South Seneca M/HS	Class Dismissal: 3:10 PM	Departure Point: Front of HS Departure Time: 3:20 PM Return Date: Return Time: 9:30 PM	NL
May 15, 2023	Mon	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
May 16, 2023	Tue	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 17, 2023	Wed	Regular Season (IAC Championships)	Odessa-	PM		Dryden High School Stadium	Class Dismissal: 2:45 PM	Departure Point: High School Departure Date: May 17, 2023 Departure Time: 3:00 PM Return Date: Return Time: 8:30 PM	L
May 18, 2023	Thu	Regular Season (IAC Championships)	Odessa-	4:45 PM		Dryden High School Stadium	Class Dismissal: 2:45 PM	Departure Point: High School Departure Date: May 18, 2023 Departure Time: 3:00 PM Return Date: Return Time: 8:30 PM	L
May 19, 2023	Fri	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
May 22, 2023	Mon	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
May 22, 2023	Mon	Regular Season (Steeplechase)	@ Marathon	4:30 PM		Appleby E S	Class Dismissal: 2:50 PM	Departure Point: Front of HS Departure Time: 3:00 PM	L

DATE	WEEK	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 23, 2023	Tue	Regular Season (Section IV Class D Meet)	@ Marathon	2:00 PM		Appleby E S	Class Dismissal: 11:45 AM	Departure Point: Front of HS Departure Time: 12:00 PM Return Date: Return Time: 9:00 PM	L
CANCELLED May 23, 2023	Tue	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
May 24, 2023	Wed	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
May 25, 2023	Thu	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
May 26, 2023	Fri	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
May 30, 2023	Tue	Practice	N/A	3:20 PM	5:15 PM	Cancro Field, Weight Room			
May 31, 2023	Wed	Post-Season (State Qualifier)	@ Union- Endicott	5:00 PM		UEHS Mike Miller Track		Departure Point: Front of HS Departure Time: 2:45 PM Return Date: Return Time: 9:00 PM	L
Jun 1, 2023	Thu	Post-Season (State Qualifier)	@ Union- Endicott	5:00 PM		UEHS Mike Miller Track	I)iemieeai:	Departure Point: Front of HS Departure Time: 2:45 PM Return Date: Return Time: 9:00 PM	L

Date: 2025-12-19