

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|-------------|--|---|---------------|-------------|-------------------------------------|----------------|----------------------------|
| Mar 28, 2024 | Thu | Regular Season | @ TBD | 4:30 PM | | TBD | | NL |
| Apr 13, 2024 | Sat | Regular Season | @ TBD | 10:00 AM | | TBD | | NL |
| Apr 15, 2024 | Mon | Regular Season | Lansing, Elmira Heights, Dryden @ Trumansburg | 4:30 PM | | Stadium Field | | L |
| Apr 20, 2024 | Sat | Regular Season | @ TBD | 10:00 AM | | TBD | | NL |
| Apr 23, 2024 | Tue | Regular Season | Dryden | 4:30 PM | | Newark Valley High School | | L |
| CANCELLED Apr 23, 2024 | Tue | Regular Season | Dryden, Watkins Glen | 4:30 PM | | Newark Valley High School | | L |
| Apr 26, 2024 | Fri | Regular Season | @ TBD | 4:30 PM | | TBD | | NL |
| Apr 26, 2024 | Fri | Regular Season (Ithaca Relays and Races) | Trumansburg, Geneva, Rome Free Academy, West Canada Valley, Lansing, Candor (Candor), Groton, Solvay, Horseheads, Tioga, Auburn, Maine- Endwell, Newfield @ Ithaca | 5:00 PM | 10:00 PM | IHS Moresco Stadium | | NL |
| Apr 29, 2024 | Mon | Regular Season (Senior Night) | Lansing, Notre Dame, Elmira @ Dryden | 4:30 PM | | Dryden High School Stadium | | L |
| May 3, 2024 | Fri | Regular Season (REK Invitational hosted by Norwich at Sidney) | Deposit (Deposit-Hancock), Cincinnatus, Bainbridge Guilford, Unadilla Valley (UV), Oxford (Greene/Oxford), Gilbertsville-Mount Upton, Edmeston (Morris/Edmeston), DeRuyter, Afton (Afton/Harpur), Unatego, Norwich, Morrisville-Eaton, TBD @ Sidney | 4:00 PM | | Sidney HS Track | | NL |
| May 6, 2024 | Mon | Regular Season (Divisional Meet - SENIOR NIGHT) | Elmira Heights, Notre Dame, Elmira @ Watkins Glen | 4:30 PM | | W G Alumni Field | | L |
| May 8, 2024 | Wed | Regular Season | @ Marathon | 4:30 PM | | Marathon H S | | L |
| May 11, 2024 | Sat | Regular Season | @ TBD | 12:00 PM | | TBD | | NL |

Date: 2024-05-19