



# Morris

## (G) V Winter Track

### Coaches:

- McKenzie Rhone

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Nov 14, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Nov 15, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Nov 21, 2023	Tue	Practice	N/A	11:15 AM	12:45 PM	Morris Fitness Room			
Nov 22, 2023	Wed	Practice	N/A	9:00 AM	10:30 AM	TBD			
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Dec 7, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Dec 8, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Dec 9, 2023	Sat	Regular Season (Finger Lakes Invite)	@ TBD	2:00 PM		SUNY Cortland	Departure Time: 11:30 AM		L
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Dec 14, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Dec 15, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 16, 2023	Sat	Regular Season (Winter Classic )	@ TBD	2:00 PM		SUNY Cortland	Departure Time: 11:30 AM		L
Dec 18, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Dec 20, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Dec 22, 2023	Fri	Practice	N/A	9:00 AM	10:30 AM	Morris School			
Jan 2, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Jan 3, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Jan 4, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Jan 5, 2024	Fri	Regular Season (Hurley Invite)	@ TBD	4:30 PM		Ithaca College	Class Dismissal: 1:15 PM	Departure Time: 1:30 PM	L
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD			
Jan 9, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			
Jan 11, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD			
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD			
Jan 13, 2024	Sat	Regular Season	@ TBD	2:00 PM		SUNY Cortland	Departure Time: 11:30 AM		L
Jan 16, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			
Jan 17, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	TBD			
Jan 18, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD			
Jan 19, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD			
Jan 22, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD			
Jan 23, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			
Jan 25, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD			
Jan 26, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD			
Jan 27, 2024	Sat	Regular Season	@ TBD	6:00 PM		SUNY Cortland	Departure Time: 3:30 PM		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 29, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD			
Jan 30, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			
Feb 1, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD			
Feb 2, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD			
Feb 5, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD			
Feb 6, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			
Feb 8, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD			
Feb 9, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD			
Feb 12, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD			
Feb 13, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			
Feb 15, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD			
Feb 16, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD			
Feb 17, 2024	Sat	Regular Season (Section IV Classic )	@ TBD	6:00 PM		SUNY Cortland	Departure Time: 4:30 PM		L
Feb 25, 2024	Sun	Regular Season	TBD	2:00 PM		Cornell	Departure Time: 11:30 PM		L
TBD		Post-Season (Section IV Champ)	@ TBD	TBD		TBD			NL

Date: 2025-12-08