



Morris

(G) V Outdoor Track (Morris/Edmeston)

Coaches:

- McKenzie Rhone

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 11, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD			
Mar 12, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD			
Mar 13, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD			
Mar 14, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD			
Mar 15, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Mar 15, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
Mar 18, 2024	Mon	Practice	N/A	2:15 PM	4:15 PM	Edmeston Central School		Return Date: Return Time: 5:20 PM	
Mar 19, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Morris Fitness Room			
Mar 20, 2024	Wed	Practice	N/A	3:05 PM	5:00 PM	Edmeston Central School		Return Date: Return Time: 5:20 PM	
Mar 21, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris Fitness Room			
Mar 22, 2024	Fri	Practice	N/A	3:05 PM	5:00 PM	Edmeston Central School		Return Date: Return Time: 5:20 PM	
Mar 25, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room		Return Date: Return Time: 5:20 PM	
Mar 26, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Morris Fitness Room			
Mar 27, 2024	Wed	Practice	N/A	3:05 PM	5:00 PM	Edmeston Central School		Return Date: Return Time: 5:20 PM	
Mar 28, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris Fitness Room			
Mar 29, 2024	Fri	Practice	N/A	10:00 AM	11:30 AM	Morris Fitness Room			
Apr 1, 2024	Mon	Practice	N/A	11:00 AM	1:00 PM	Elementary Gym			
Apr 2, 2024	Tue	Practice	N/A	10:30 AM	12:00 PM	Elementary Gym			
Apr 3, 2024	Wed	Practice	N/A	10:30 AM	12:00 PM	Elementary Gym			
Apr 4, 2024	Thu	Practice	N/A	10:30 AM	12:00 PM	Elementary Gym			
Apr 5, 2024	Fri	Practice	N/A	10:30 AM	12:00 PM	Elementary Gym			
Apr 9, 2024	Tue	Regular Season	Schenevus (Schenevus/Worcester), Cherry Valley-Springfield (CVS-SS)	4:30 PM		Edmeston Central School	Bus/Driver: Morris	Departure Time: 3:05 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 10, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Morris Fitness Room			
CANCELLED Apr 11, 2024	Thu	Practice	N/A	3:05 PM	5:00 PM	Edmeston Central School			
Apr 12, 2024	Fri	Regular Season	Stamford, Jefferson, South Kortright, Charlotte Valley, Andes	4:30 PM		Edmeston Central School	Bus/Driver: Morris	Departure Time: 3:05 PM	L
Apr 16, 2024	Tue	Practice	N/A	3:05 PM	5:00 PM	Edmeston Central School			
Apr 17, 2024	Wed	Regular Season	@ Laurens (Laurens/Milford)	4:30 PM	7:00 PM	Milford School	Bus/Driver: Morris	Departure Time: 2:50 PM	L
Apr 19, 2024	Fri	Practice	N/A	3:05 PM	5:00 PM	Edmeston Central School			
Apr 20, 2024	Sat	Regular Season (Quinney Invite)	Laurens (Laurens/Milford), Franklin, Harpursville (Afton/Harpur), Whitney Point, Walton, Cooperstown, Gilbertsville-Mount Upton, Schenevus (Schenevus/Worcester), Cherry Valley-Springfield (CVS-SS), Unadilla Valley (UV), Bainbridge Guilford, Oxford (Greene/Oxford) @ Sidney	10:00 AM		Sidney HS Track	Bus/Driver: Edmeston		NL
Apr 22, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Morris Fitness Room			
Apr 23, 2024	Tue	Practice	N/A	3:05 PM	5:00 PM	Edmeston Central School			
Apr 24, 2024	Wed	Regular Season	Richfield Springs (Richfield/ODY), Franklin, Margaretville	4:30 PM		Edmeston Central School		Departure Time: 3:05 PM	L
Apr 25, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris Fitness Room			
Apr 29, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Morris Fitness Room			
Apr 30, 2024	Tue	Practice	N/A	3:05 PM	5:00 PM	TBD			
Apr 30, 2024	Tue	Practice	N/A	3:05 PM	5:00 PM	Edmeston Central School			
May 1, 2024	Wed	Regular Season (Tri-Valley Relays)	Laurens (Laurens/Milford), Franklin, Richfield Springs (Richfield/ODY), Cherry Valley-Springfield (CVS-SS), Schenevus (Schenevus/Worcester), Charlotte Valley, Gilbertsville-Mount Upton	4:30 PM		Edmeston Central School		Departure Time: 3:00 PM	L
May 2, 2024	Thu	Practice	N/A	3:05 PM	5:00 PM	TBD			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 3, 2024	Fri	Regular Season (REK Invitational hosted by Norwich at Sidney)	Deposit (Deposit-Hancock), Norwich, Cincinnatus, Bainbridge Guilford, Unadilla Valley (UV), Oxford (Greene/Oxford), Gilbertsville-Mount Upton, DeRuyter, Afton (Afton/Harpur), Unatego, Newark Valley @ Sidney	4:00 PM		Sidney HS Track		Departure Time: 3:00 PM	NL
May 6, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Morris Fitness Room			
May 7, 2024	Tue	Practice	N/A	3:05 PM	5:00 PM	Edmeston Central School			
May 8, 2024	Wed	Regular Season	Stamford, Laurens (Laurens/Milford), Unatego, Unadilla Valley (UV), Deposit (Deposit-Hancock), South Kortright, Bainbridge Guilford, Oxford (Greene/Oxford), Walton, Schenevus (Schenevus/Worcester), Gilbertsville-Mount Upton, Charlotte Valley, Franklin @ Delaware Academy	4:00 PM		Track and Field Complex			L
May 9, 2024	Thu	Practice	N/A	3:05 PM	5:00 PM	Edmeston Central School			
May 10, 2024	Fri	Regular Season (Yellowjacket Invitational)	Walton, Stamford, Franklin, Milford (Laurens/Milford), Unatego, Unadilla Valley (UV), South Kortright, Bainbridge Guilford, Oxford (Greene/Oxford) @ Oneonta	4:00 PM		Oneonta High School	Bus/Driver: Morris	Departure Time: 3:00 PM	L
May 13, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Morris Fitness Room			
May 13, 2024	Mon	Regular Season (Steeplechase Event)	@ Oneonta	4:00 PM		Oneonta High School		Departure Time: 2:40 PM	L
May 14, 2024	Tue	Practice	N/A	3:05 PM	5:00 PM	Edmeston Central School			
May 15, 2024	Wed	Practice	N/A	3:05 PM	5:00 PM	Edmeston Central School			
May 16, 2024	Thu	Regular Season (TV Championship)	@ Sidney	4:15 PM		Sidney HS Track			L
May 17, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Morris Fitness Room			
May 20, 2024	Mon	Practice	N/A	3:05 PM	5:00 PM	Edmeston Central School			
May 20, 2024	Mon	Regular Season (Class D Steeplechase)	@ Marathon	4:30 PM		Appleby Elementary School (Marathon)			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 21, 2024	Tue	Practice	N/A	3:05 PM	5:25 PM	Edmeston Central School			
May 22, 2024	Wed	Post-Season (Class D Championships)	@ Marathon	2:00 PM		Appleby Elemetary School (Marathon)	Bus/Driver: Morris	Departure Time: 12:20 PM	NL
May 29, 2024	Wed	Post-Season	@ Union-Endicott	5:00 PM		UEHS Mike Miller Track			NL
May 30, 2024	Thu	Post-Season	@ Union-Endicott	5:00 PM		UEHS Mike Miller Track			NL

Date: 2025-12-05