Coaches:



• McKenzie Rhone



DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 13, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Mar 14, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Mar 15, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Mar 16, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Mar 17, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Mar 20, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Mar 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Mar 22, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Mar 23, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Mar 24, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Mar 27, 2023	Mon	Practice	N/A	3:15 PM	4:40 PM	Edmeston Central School		Departure Time: 2:55 PM Return Date: Return Time: 5:00 PM	
Mar 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Mar 29, 2023	Wed	Practice	N/A	3:00 PM		Morris School			
Mar 30, 2023	Thu	Practice	N/A	3:15 PM	4:40 PM	Edmeston Central School		Departure Time: 2:55 PM Return Date: Return Time: 5:00 PM	
Mar 31, 2023	Fri	Practice	N/A	3:00 PM		Morris School			
Apr 10, 2023	Mon	Practice	N/A	3:15 PM	4:40 PM	Edmeston Central School		Departure Time: 2:55 PM Return Date: Return Time: 5:00 PM	
Apr 11, 2023	Tue	Practice	N/A	3:15 PM	4:40 PM	Edmeston Central School		Departure Time: 2:55 PM Return Date: Return Time: 5:00 PM	
Apr 12, 2023	Wed	Regular Season	Gilbertsville-Mount Upton, Richfield Springs (Richfield/ODY), Cooperstown	4:30 PM		Edmeston Central School	Bus/Driver: Morris	Departure Time: 3:15 PM	L
Apr 13, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Apr 14, 2023	Fri	Regular Season	Stamford, Franklin	4:30 PM		Edmeston Central School	Bus/Driver: Morris	Departure Time: 3:15 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 17, 2023	Mon	Practice	N/A	3:15 PM	4:40 PM	Edmeston Central School	Departure Time: 2:55 PM Return Date: Return Time: 5:00 PM	
Apr 18, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Morris School		
Apr 20, 2023	Thu	Practice	N/A	3:15 PM	4:40 PM	Edmeston Central School	Departure Time: 2:55 PM Return Date: Return Time: 5:00 PM	
Apr 21, 2023	Fri	Practice	N/A	3:00 PM		Morris School		
Apr 22, 2023	Sat		Harpursville (Afton/Harpur), Whitney Point, Cooperstown, Schenevus (Schenevus/Worcester), Oxford (Greene/Oxford), Unadilla Valley (UV), Deposit (Deposit- Hancock), Bainbridge Guilford, Delaware Academy, Walton, Chenango Valley, Norwich, Oneonta, Newark Valley, Unatego, Greene (Greene/Oxford), Laurens (Laurens/Milford) @ Sidney	10:00 AM		Sidney HS Bus/Driver: Track Morris	8:30 AM	NL
Apr 24, 2023	Mon	Practice	N/A	3:15 PM	4:40 PM	Edmeston Central School	Departure Time: 2:55 PM Return Date: Return Time: 5:00 PM	
Apr 25, 2023	Tue	Regular Season	Richfield Springs (Richfield/ODY) @ Cherry Valley- Springfield (CVS-SS)	4:30 PM		Cherry Valley- Bus/Driver: Springfield Morris School	Departure Time: 3:00 PM	L
Apr 26, 2023	Wed	Regular Season	Schenevus (Schenevus/Worcester), Margaretville, Stamford, Worcester			Edmeston Central School	Departure Time: 3:00 PM	L
Apr 27, 2023	Thu	Practice	N/A	3:15 PM	4:40 PM	Edmeston Central School	Departure Time: 2:55 PM Return Date: Return Time: 5:00 PM	
Apr 28, 2023	Fri	Practice	N/A	3:00 PM		Morris School		
May 1, 2023	Mon	Practice	N/A	3:15 PM	4:40 PM	Edmeston Central School	Departure Time: 2:55 PM Return Date: Return Time: 5:00 PM	
May 2, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Morris School		
POSTPONED May 3, 2023	Wed	Regular Season (Tri-Valley Relays)	@ Gilbertsville-Mount Upton	4:30 PM		G-MU - Track	Departure Time: 3:30 PM	L
May 4, 2023	Thu	Practice	N/A	3:00 PM		Morris School		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUI / NON- LEAGUI
May 5, 2023	Fri	Regular Season (REK)	Unatego, Oxford (Greene/Oxford), Bainbridge Guilford, DeRuyter, Sherburne- Earlville, Cincinnatus, Deposit (Deposit- Hancock), Morrisville- Eaton, Unadilla Valley (UV), Sidney @ Norwich	4:00 PM	9:00 PM	NHS Stadium (Turf Field)			NL
May 6, 2023	Sat	Regular Season (Cooperstown Invitational)	@ Cooperstown	2:00 PM		Lambert Field	Bus/Driver: Morris	Departure Time: 12:00 PM	NL
May 8, 2023	Mon	Practice	N/A	3:15 PM	4:40 PM	Edmeston Central School		Departure Time: 2:55 PM Return Date: Return Time: 5:00 PM	
May 8, 2023	Mon	Regular Season (Tri-Valley relays)	Franklin, Richfield Springs (Richfield/ODY), Charlotte Valley, South Kortright, Andes, Stamford @ Gilbertsville-Mount Upton	4:30 PM		G-MU - Track	Bus/Driver: Edmeston	Departure Time: 3:30 PM	L
May 9, 2023	Tue	Practice	N/A	3:00 PM		Morris School			
May 10, 2023	Wed	Regular Season (Harbaugh Invitational)	Stamford, Franklin, Milford (Laurens/Milford Boys and Girls), Unatego, Harpursville (Afton/Harpur), Unadilla Valley (UV), Deposit (Deposit-Hancock), South Kortright, Charlotte Valley, Cherry Valley-Springfield (CVS-SS), Bainbridge Guilford, Schenevus (Schenevus/Worcester) @ Delaware Academy	4:00 PM		Track and Field Complex	Bus/Driver: Morris Class Dismissal: 2:15 PM	Departure Time: 2:30 PM	NL
May 11, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris School			
May 12, 2023	Fri	Regular Season (Yellow Jacket Invitational)	@ Oneonta	4:30 PM		Oneonta High School			NL
May 15, 2023	Mon	Practice	N/A	3:15 PM	4:40 PM	Edmeston Central School		Departure Time: 2:55 PM Return Date: Return Time: 5:00 PM	
May 16, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Morris School			
May 17, 2023	Wed	Practice	N/A	3:00 PM		Morris School			
May 18, 2023	Thu	Regular Season (Tri-Valley Championship)	Milford (Laurens/Milford Boys and Girls), Schenevus (Schenevus/Worcester), Worcester, Cherry Valley-Springfield (CVS-SS), Franklin, Charlotte Valley, Stamford, Richfield Springs (Richfield/ODY) @ TBD	4:30 PM		Sidney HS Track			L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 19, 2023	Fri	Practice	N/A	3:00 PM		Morris School			
May 22, 2023	Mon	Practice	N/A	3:15 PM	4:40 PM	Edmeston Central School		Departure Time: 2:55 PM Return Date: Return Time: 5:00 PM	
May 23, 2023	Tue	Regular Season (Class D Championships)	@ Marathon	2:00 PM		Appleby E S	Bus/Driver: Morris Class Dismissal: 11:20 AM	Departure Time: 11:30 AM	NL
May 23, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Morris School			
May 25, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris School			
May 26, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Morris School			
May 29, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	Edmeston Central School			
May 30, 2023	Tue	Practice	N/A	3:15 PM	4:40 PM	Edmeston Central School		Departure Time: 2:50 PM Return Date: Return Time: 5:00 PM	
May 31, 2023	Wed	Post-Season (Track State Qualifiers)	@ Union-Endicott	5:00 PM		UEHS Mike Miller Track			NL
Jun 1, 2023	Thu	Post-Season (Track State Qualifiers)	@ Union-Endicott	5:00 PM		UEHS Mike Miller Track			NL

Date: 2025-12-19