



Morris

(G) V Cross Country (Morris/Edmeston)

Coaches:

- McKenzie Rhone

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	Edmeston Central School		Departure Time: 7:15 AM Return Date: Return Time: 10:20 AM	
Aug 22, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	Edmeston Central School		Departure Time: 7:15 AM Return Date: Return Time: 10:20 AM	
Aug 23, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	Morris School			
Aug 24, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	Morris School			
Aug 25, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	Edmeston Central School		Departure Time: 7:15 AM Return Date: Return Time: 10:20 AM	
Aug 28, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	Morris School			
Aug 29, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	Morris School			
Aug 31, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	Morris School			
Sep 1, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	Morris School			
Sep 5, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Morris School			
Sep 6, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Morris School			
Sep 7, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Sep 8, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Morris School			
Sep 9, 2023	Sat	Regular Season (Flash Forbes Invitational)	@ Oneonta	10:00 AM	12:00 PM	Fortin Park			NL
Sep 11, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Sep 12, 2023	Tue	Regular Season (MAC League Meet)	@ Unadilla Valley (UV/GMU)	5:00 PM		Softball Field North			L
Sep 13, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Sep 14, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Sep 15, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Sep 16, 2023	Sat	Regular Season (Fort Plain Invite)	@ Fort Plain	9:00 AM		H.H. Hoag Elementary School			NL
Sep 18, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Morris School			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 19, 2023	Tue	Regular Season (Meghan Sorbera)	Schenevus	4:15 PM	6:00 PM	Pathfinder Village			NL
Sep 19, 2023	Tue	Regular Season (Pathfinder Villabe)	Unadilla Valley (UV/GMU)	4:45 PM	6:00 PM	Pathfinder Village			L
Sep 19, 2023	Tue	Regular Season (Meghan Sorbera Invite)	Sidney	4:45 PM		Pathfinder Village			NL
Sep 19, 2023	Tue	Regular Season (Meghan Sorbera Invite)	Sidney	5:00 PM		Pathfinder Village			NL
Sep 20, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Sep 21, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Sep 22, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Sep 26, 2023	Tue	Regular Season (MAC League Meet)	@ TBD	5:00 PM		Bainbridge Guilford High School			L
Sep 27, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Sep 28, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Sep 29, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Sep 30, 2023	Sat	Regular Season (EJ Hermann Invite)	@ TBD	9:15 AM		Proctor Park			NL
Oct 2, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Oct 3, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Oct 4, 2023	Wed	Regular Season (Delhi Invite)	@ Delaware Academy	4:15 PM		SUNY DELHI Golf Course			NL
Oct 5, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Oct 6, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Oct 7, 2023	Sat	Regular Season (Norwich Tornado 5000)	@ Norwich	10:00 AM		NHS Hallways			NL
Oct 9, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Morris School			
Oct 10, 2023	Tue	Regular Season (Deposit Relays)	@ Deposit (Deposit-Hancock)	4:15 PM		Hardwood Hills Golf Course	Bus/Driver: Edmeston	Departure Time: 3:00 PM	NL
Oct 11, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Morris School			

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Oct 12, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris School		
Oct 13, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Morris School		
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invitational)	Jamesville-Dewitt, Schuylerville, Granville (Granville-Whitehall-Hartford), Johnstown, Shaker High School, Ballston Spa High School, Colonie High School, Shenendehowa High School, Albany High School, Scotia-Glenville, Greenville, Queensbury, Troy, Glens Falls @ Burnt Hills-Ballston Lake HS	8:00 AM		Saratoga Spa State Park		NL
Oct 16, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Morris School		
Oct 18, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Morris School		
Oct 19, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Morris School		
Oct 20, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Morris School		
Oct 23, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Morris School		
Oct 24, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Morris School		
Oct 25, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Morris School		
Oct 26, 2023	Thu	Regular Season (MAC League Championship)	@ Unadilla Valley (UV/GMU)	4:00 PM		Softball Field North		L
Oct 27, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Morris School		
Oct 30, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Morris School		
Oct 31, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Morris School		
Nov 1, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Morris School		
Nov 2, 2023	Thu	Regular Season (State Qualifiers)	@ Chenango Valley	11:00 AM	1:00 PM	CV - HS Warrior Stadium		L

Date: 2025-08-22