## Coaches:



McKenzie Rhone

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 10, 2019	Tue	Regular Season (Cross Country - League Meet)	Gilbertsville-Mount Upton (UV/GMU) @ Unadilla Valley (UV/GMU)	4:45 PM	6:45 PM	Unadilla Valley - Cross Country Course		L
Sep 14, 2019	Sat	Regular Season (XC Invite)	Vernon-Verona- Sherrill, Whitesboro, Hilton, Adirondack, Clinton, Herkimer, Notre Dame, Utica, Oneonta, Utica Proctor, Hamilton @ New Hartford	9:00 AM		Cross Country Course (Perry JH)		NL
Sep 17, 2019	Tue	Regular Season (Meghan Sorbera Invitational)	Gilbertsville-Mount Upton (UV/GMU) @ Edmeston (Edmeston/Morris)	4:00 PM		Pathfinder Village		NL
Sep 24, 2019	Tue	Regular Season	Sidney	5:00 PM		Edmeston Central School		L
Sep 24, 2019	Tue	Regular Season (Cross Country - League Meet)	Gilbertsville-Mount Upton (UV/GMU) @ Edmeston (Edmeston/Morris)	5:00 PM		Pathfinder Village		L
Oct 4, 2019	Fri	Regular Season	Gilbertsville-Mount Upton (UV/GMU) @ TBD	4:00 PM	7:00 PM	Ann G McGuinness Elementary Cross Country Course		NL
Oct 5, 2019	Sat	Regular Season (Cross Country Invitational)	Jamesville-Dewitt, Altmar-Parish- Williamstown (APW Rebels), Central Valley Academy, Holland Patent, Corcoran (Syracuse West), Canastota, Vernon-Verona- Sherrill, Cooperstown, New Hartford, Westmoreland, Little Falls, Notre Dame, Utica, Poland, Utica Proctor, Waterville @ Whitesboro	8:30 AM		Deerfield Town Wilderness Park		NL
Oct 8, 2019	Tue	Regular Season (Delhi Invitational)	Unatego, Sidney, Unadilla Valley (UV/GMU), Gilbertsville-Mount Upton (UV/GMU), Schenevus, Edmeston (Edmeston/Morris), Deposit (Deposit- Hancock), Afton (Afton/Harpur), Galway, Eldred @ Delaware Academy	4:00 PM		SUNY DELHI Golf Course		NL

DATE	WEEK	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 15, 2019	Tue	Regular Season (Deposit Invitational)	Gilbertsville-Mount Upton (UV/GMU) @ Deposit (Deposit- Hancock)	4:30 PM	6:30 PM	Hardwood Hills Golf Course		NL
Oct 22, 2019	Tue	Regular Season (Whitney Point Invitational)	Gilbertsville-Mount Upton (UV/GMU) @ Whitney Point	4:00 PM	6:00 PM	WP Cross Country Course		NL
Oct 30, 2019	Wed	Regular Season (Cross Country - League Championship)	Gilbertsville-Mount Upton (UV/GMU) @ Unatego	4:00 PM	6:00 PM	Unatego HS		NL
Nov 7, 2019	Thu	Post-Season (Section IV - Cross Country Championship)	Gilbertsville-Mount Upton (UV/GMU) @ TBD	TBD		Chenango Valley State Park		NL

Date: 2025-12-29