



Milford

(G) MOD7/8/9 Outdoor Track (Laurens/Milford)

Coaches:

- Omar Nelson
- Caitlin Cook-Wightman

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Mar 31, 2026	Tue	Regular Season	Schenevus	4:30 PM	7:00 PM	Milford School	L
Apr 14, 2026	Tue	Regular Season	TBD @ Edmeston (Morris/Edmeston)	4:30 PM		Edmeston Central School	L
Apr 17, 2026	Fri	Regular Season	Stamford, Edmeston (Morris/Edmeston), TBD	4:30 PM		Milford School	L
Apr 24, 2026	Fri	Regular Season	Cherry Valley-Springfield (CVS-SS), Laurens (Laurens/Milford), Sharon Springs (SS-CVS) @ Gilbertsville-Mount Upton	4:30 PM	6:30 PM	G-MU - Track	L

Date: 2026-04-09