



Milford

(G) MOD7/8/9 Outdoor Track (Laurens/Milford)

Coaches:

- Omar Nelson
- Caitlin Cook-Wightman

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 14, 2023	Fri	Regular Season	Schenevus @ Gilbertsville-Mount Upton	4:30 PM	6:00 PM	G-MU - Track		L
Apr 17, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	Milford School		
Apr 18, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Milford School		
Apr 20, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Milford School		
Apr 21, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Milford School		
Apr 24, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	Milford School		
Apr 25, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Milford School		
Apr 27, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Milford School		
Apr 28, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Milford School		
May 1, 2023	Mon	Regular Season (Modified Invitational)	Edmeston (Morris/Edmeston), Gilbertsville-Mount Upton, Cherry Valley-Springfield (CVS-SS)	4:30 PM		Milford School		L

Date: 2025-12-05