



# Milford

## (G) MOD7/8/9 Outdoor Track (Laurens/Milford)

### Coaches:

- Omar Nelson
- Caitlin Cook-Wightman

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 3, 2019	Wed	Regular Season	TBD	4:30 PM		Milford School		L
Apr 8, 2019	Mon	Regular Season	Edmeston (Morris/Edmeston), Laurens (Laurens/Milford), Morris (Morris/Edmeston) @ Gilbertsville-Mount Upton	4:30 PM	7:30 PM	G-MU - Track		L
Apr 23, 2019	Tue	Regular Season	Richfield Springs (Richfield/ODY), Stamford	4:30 PM	7:00 PM	Milford School		L

Date: 2026-01-20