



# Milford

## (B) V Outdoor Track (Laurens/Milford)

### Coaches:

- Alexis Kane
- Omar Nelson

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 20, 2024	Sat	Regular Season (Quinney Invite)	Franklin, Harpursville (Afton/Harpur), Whitney Point, Walton, Cooperstown, Gilbertsville-Mount Upton, Schenevus (Schenevus/Worcester), Edmeston (Morris/Edmeston), Cherry Valley-Springfield (CVS-SS), Unadilla Valley (UV), Bainbridge Guilford, Oxford (Greene/Oxford) @ Sidney	10:00 AM		Sidney HS Track		NL
Apr 20, 2024	Sat	Regular Season (Sidney Invitational)	@ TBD	10:00 AM	3:00 PM	Sidney HS Track		NL
Apr 22, 2024	Mon	Regular Season	Franklin @ Cherry Valley-Springfield (CVS-SS)	4:30 PM	7:00 PM	Cherry Valley-Springfield School		L
May 1, 2024	Wed	Regular Season (Tri-Valley Relays)	Franklin, Richfield Springs (Richfield/ODY), Cherry Valley-Springfield (CVS-SS), Schenevus (Schenevus/Worcester), Charlotte Valley, Gilbertsville-Mount Upton @ Edmeston (Morris/Edmeston)	4:30 PM		Edmeston Central School		L
May 4, 2024	Sat	Regular Season (Cooperstown Invitational)	@ Cooperstown	2:00 PM		Lambert Field		NL
May 8, 2024	Wed	Regular Season	Stamford, Unatego, Unadilla Valley (UV), Deposit (Deposit-Hancock), South Kortright, Edmeston (Morris/Edmeston), Cherry Valley-Springfield (CVS-SS), Bainbridge Guilford, Oxford (Greene/Oxford), Walton, Schenevus (Schenevus/Worcester), Charlotte Valley, Gilbertsville-Mount Upton, Franklin @ Delaware Academy	4:00 PM		Track and Field Complex		L
May 10, 2024	Fri	Regular Season (Oneonta Invitational)	@ Oneonta	4:00 PM	8:00 PM	Oneonta High School		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 10, 2024	Fri	Regular Season (Yellowjacket Invite)	Walton, Stamford, Unatego, Unadilla Valley (UV), South Kortright, Edmeston (Morris/Edmeston), Bainbridge Guilford, Oxford (Greene/Oxford) @ Oneonta	4:00 PM		Oneonta High School		L
May 22, 2024	Wed	Post-Season (Section IV Championships)	@ Marathon	4:00 PM	8:00 PM	Appleby E S		NL

Date: 2024-05-16