



Milford

(B) V Cross Country (Cooperstown/Milford)

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 9, 2023	Sat	Regular Season (Voorheesville Blackbird Invitational (Voorheesville HS))	@ TBD	8:30 AM		TBD		NL
Sep 13, 2023	Wed	Regular Season	Clinton, Canastota @ Waterville	4:30 PM		Waterville H S		L
Sep 20, 2023	Wed	Regular Season	Dolgeville, Little Falls, Mount Markham, Poland	4:30 PM		Clarks Tower		L
Sep 27, 2023	Wed	Regular Season	Sauquoit Valley, Adirondack @ Herkimer	4:30 PM		Herkimer County CC		L
Sep 30, 2023	Sat	Regular Season (EJ Herman Invitational (Proctor Park Utica))	@ Utica Proctor	4:00 PM		Proctor Park		NL
Oct 4, 2023	Wed	Regular Season	Sherburne-Earlville, Westmoreland, Owen D. Young (Richfield/ODY) @ Hamilton	4:30 PM		Colgate Cross Country trails		L
Oct 7, 2023	Sat	Regular Season (Whitesboro Invitational (Whitesboro HS))	@ TBD	9:00 AM		TBD		NL
Oct 11, 2023	Wed	Regular Season (Meet will be held at the Deerfield Wilderness Park. 6329 Walker Road Deerfield, NY 13502)	West Canada Valley, Remsen (Remsen) @ New York Mills	4:30 PM		N Y Mills J/S HS		L
Oct 21, 2023	Sat	Regular Season (Center State Conference Championship)	@ Mount Markham	9:00 AM		HS Track		L
Oct 28, 2023	Sat	Regular Season (Harvest Classic)	@ TBD	9:00 AM		TBD		NL
Nov 4, 2023	Sat	Post-Season (Section 3 Championships)	@ Vernon-Verona-Sherrill	10:00 AM		Cross Country Course		NL

Date: 2025-12-05