



# Milford

## (B) V Cross Country (Cooperstown/Milford)

**Coaches:**

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2022	Sat	Regular Season (Invitational)	@ Voorheesville	TBD		TBD		L
Sep 14, 2022	Wed	Regular Season	Oriskany, Little Falls, Sherburne-Earlville, Hamilton @ Dolgeville	4:30 PM		TBD		L
Sep 17, 2022	Sat	Scrimmage (Practicing the Course)	@ Vernon-Verona-Sherrill	TBD		Cross Country Course		L
Sep 21, 2022	Wed	Regular Season	Adirondack, Owen D. Young (Richfield/ODY) @ Sauquoit Valley	4:30 PM		Town Park		L
Sep 24, 2022	Sat	Regular Season (EJ Herrmann Invitational )	@ Utica Proctor	TBD		Proctor Park		L
Sep 28, 2022	Wed	Regular Season	Clinton, Canastota, Herkimer	4:30 PM	8:30 PM	Clarks Tower		L
Oct 1, 2022	Sat	Regular Season (Whitesboro Cross country invitational)	Oneonta, Watertown, Notre Dame, Utica, Corcoran (Syracuse West), Westmoreland, New York Mills, New Hartford, Adirondack, Central Valley Academy, Oriskany, West Canada Valley, Fulton, Mount Markham, Utica Proctor, Herkimer, Hamilton, Holland Patent, Oneida, Clinton @ Whitesboro	9:00 AM		Deerfield Town Wilderness Park		NL
Oct 5, 2022	Wed	Regular Season	New York Mills, West Canada Valley, Poland @ Westmoreland	4:30 PM		Westmoreland H S		L
Oct 12, 2022	Wed	Regular Season	Remsen (Remsen), Waterville @ Mount Markham	4:30 PM		HS Track		L
Oct 22, 2022	Sat	Regular Season (CSC League Championship at Herkimer Community College)	Westmoreland, Mount Markham, Clinton, Owen D. Young (Richfield/ODY), New York Mills, Waterville, Sauquoit Valley, West Canada Valley, Remsen (Remsen), Canastota, Adirondack, Poland, Dolgeville, Oriskany, Little Falls, Sherburne-Earlville, Hamilton @ Herkimer	10:00 AM		Herkimer County CC		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 29, 2022	Sat	Regular Season (Harvest Classic )	@ Amsterdam	TBD		Bob's Trees		L
Nov 5, 2022	Sat	Regular Season (Sectionals & State Qual )	@ Vernon-Verona- Sherrill	9:00 AM	12:00 PM	Cross Country Course		L

Date: 2025-12-05