

## Coaches:

• RICK RUTHERFORD

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 9, 2023	Sat	Meet (Dave "Flash" Forbes Invite)	Vs. Multiple	9:00 AM		Fortin Park	Departure Point: High School Departure Time: 7:45 AM Return Date: Return Time: 1:00 PM	NL
Sep 16, 2023	Sat	Meet (McDaniel/Baxter Invite)	Vs. Multiple	7:00 AM		CV - HS Warrior Stadium	Departure Point: High School Departure Time: 8:15 AM Return Date: Return Time: 12:15 PM	NL
Sep 23, 2023	Sat	Meet (Owego Invite)	Vs. Multiple	TBD		Owego Free Academy	Departure Point: High School Departure Time: 8:00 AM Return Date: Return Time: 12:15 PM	NL
Sep 29, 2023	Fri	Regular Season	Afton (Afton/Harpursville/B- G)	2:15 PM	8:00 PM	Maine Memorial ES		L
Sep 29, 2023	Fri	Regular Season (Maine Endwell Invitational)	TBD	4:00 PM		Maine Memorial ES		NL
Sep 29, 2023	Fri	Regular Season (Pete Matzke Invite)	Sidney	4:15 PM		Maine Memorial ES		NL
Sep 29, 2023	Fri	Meet (Pete Matzke Invite)	Vs. Multiple	TBD		Maine Memorial ES		NL
Oct 6, 2023	Fri	Meet (Bob Greene Newark Valley Invite)	Vs. Multiple	4:00 PM		Newark Valley High School	Departure Point: High School Departure Time: 2:45 PM Return Date: Return Time: 6:15 PM	NL
Oct 14, 2023	Sat	Meet (Marathon Invite)	Vs. Multiple	TBD		Appleby E S	Departure Point: High School Departure Time: 8:00 AM Return Date: Return Time: 12:15 PM	NL
Oct 21, 2023	Sat	Meet (STAC Championships)	Vs. Multiple	TBD		Ann G McGuinness Elementary Cross Country Course	Departure Point: High School Departure Time: 8:00 AM Return Date: Return Time: 12:15 PM	NL

DATE	WEEK	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 24, 2023	Tue	Meet (Last Chance Meet)	Vs. Multiple	TBD	Owego Free Academy	Departure Point: High School Departure Time: 2:30 PM Return Date: Return Time: 6:00 PM	NL
Nov 2, 2023	Thu	Meet (State Qualifiers)	Vs. Multiple	TBD	Chenango Valley State Park	Departure Point: High School Departure Time: 12:30 PM Return Date: Return Time: 4:00 PM	NL
Nov 11, 2023	Sat	Meet (State Championship)	Vs. Multiple	TBD	Cross Country Course		NL
Nov 18, 2023	Sat	Meet (Federation Championship)	Vs. Multiple	TBD	bowdoin park		NL

Date: 2025-12-20