

## Coaches:

• RICK RUTHERFORD

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2024	Sat	Regular Season (Dave "Flash" Forbes Invite)	TBD	9:00 AM	Fortin Park	Departure Point: High School Departure Time: 7:30 AM Return Date: Return Time: 12:30 PM	L
Sep 13, 2024	Fri	Regular Season (Owego Invite)	TBD	6:00 PM	Owego Free Academy	Departure Point: High School Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM	L
Sep 21, 2024	Sat	Regular Season (Conwicke-Stock Invite)	TBD	10:00 AM	Ann G McGuinness Elementary Cross Country Course	Departure Point: High School Departure Time: 9:00 PM Return Date: Return Time: 12:30 PM	L
Sep 27, 2024	Fri	Regular Season (Pete Matzke Invite)	TBD	4:00 PM	Maine Memorial ES		L
Sep 27, 2024	Fri	Regular Season	Nottingham (Nottingham)	4:00 PM	TBD		L
Sep 28, 2024	Sat	Regular Season (McQuaid Invite at Genessee Valley Park)	TBD	9:00 AM	TBD	Departure Point: High School Departure Time: 8:00 AM Return Date: Return Time: 2:00 PM	L
Oct 5, 2024	Sat	Regular Season (McDaniel/Baxter Invite)	TBD	9:00 AM	CV - HS Warrior Stadium	Departure Point: High School Departure Time: 8:00 AM Return Date: Return Time: 12:00 PM	L
Oct 11, 2024	Fri	Regular Season (Bob Greene Invite)	TBD	4:00 PM	Newark Valley High School	Departure Point: High School Departure Time: 2:45 PM Return Date: Return Time: 6:30 PM	L
Oct 19, 2024	Sat	Regular Season (Marathon Invite)	TBD	9:00 AM	Appleby E S	Departure Point: High School Departure Time: 7:15 AM Return Date: Return Time: 12:30 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME		TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 26, 2024	Sat	Regular Season (STAC Championships)	TBD	11:45 AM	Fortin Park	Departure Point: High School Departure Time: 9:15 AM Return Date: Return Time: 3:00 PM	L
Oct 26, 2024	Sat	Post-Season (STAC Championship @ Fortin Park)	Horseheads, Corning-Painted Post, Elmira, Ithaca, Binghamton, Johnson City, Union-Endicott, Vestal, Chenango Valley, Owego Apalachin, TBD, Seton Catholic Central, Waverly, Norwich, Susquehanna Valley, Windsor @ Oneonta	12:00 PM	Fortin Park		NL
Nov 7, 2024	Thu	Meet ( Section IV State Qualifier Championship)	Vs. Multiple	9:00 AM	Chenango Valley State Park	Departure Point: High School Departure Time: 8:00 AM Return Date: Return Time: 3:30 PM	NL

Date: 2025-12-05