

## Coaches:

- Bryce Eastman, Head Coach
- John Kotmel, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUI / NON- LEAGUI
Nov 22, 2022	Tue	Practice (Weight Assessment)	N/A	5:30 PM		Chemung ES (Waverly)	Bus/Driver: Trip # 22140	Departure Point: LHS Departure Time: 4:00 PM	
Dec 3, 2022	Sat	Regular Season (Anderson Tournament)	Amsterdam (Amsterdam), Camden, Canastota, Central Square, Chittenango, Cortland, Fayetteville- Manlius, Fairport, Falconer, Fonda- Fultonville (Fonda/Johnston), Fulton, General Brown, Homer, Indian River, Marcellus, New Hartford, Watertown, Syracuse City (Syracuse City), Windsor, West Genesee @ Cicero-North Syracuse	9:00 AM	6:00 PM	CNS HS- Main Gym	Bus/Driver: Trip # 22150	Departure Point: LHS Departure Date: Dec 3, 2022 Departure Time: 5:40 AM Return Date: Dec 3, 2022 Return Time: 6:30 PM	L
Dec 8, 2022	Thu	Regular Season	@ Moravia	6:00 PM		Moravia H S Gym		Departure Point: LHS Departure Time: 4:15 PM	L
Dec 14, 2022	Wed	Regular Season	@ Elmira Heights	5:00 PM		Cohen Middle School	Bus/Driver: Trip # 22164	Departure Point: LHS Departure Time: 2:45 PM	L
Dec 17, 2022	Sat	Regular Season (Cuneen Doane Tournament)	Port Jervis, Deposit (Deposit- Hancock), Windsor, Susquehanna Valley, Sidney, Morrisville-Eaton (Morrisville-Eaton), Homer, Sherburne- Earlville, Whitney Point, Chenango Valley, Pine Bush, Groton @ Delaware Academy (WDA)	9:30 AM		Walton HS Gym	Bus/Driver: Trip # 22170	Departure Point: LHS Departure Time: 5:30 AM	NL
Dec 21, 2022	Wed	Regular Season	@ Groton	6:00 PM		Groton High School Gym	Bus/Driver: Trip # 22188	Departure Point: LHS Departure Time: 4:30 PM	L
Jan 4, 2023	Wed	Regular Season (WP PARENT NIGHT)	@ Whitney Point	6:00 PM		WPHS Gymnasium	Bus/Driver: Trip # 22206	Departure Point: LHS Departure Time: 3:45 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START I	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 7, 2023	Sat	Regular Season (Stan Elinsky Tournament)	@ TBD	9:00 AM		Deposit Elementary School Gym	Bus/Driver: Trip # 22214	Departure Point: LHS Departure Time: 5:30 AM	NL
Jan 11, 2023	Wed	Regular Season 28-48 L	Odessa-Montour	6:00 PM		Lansing HS			L
Jan 14, 2023	Sat	Regular Season (Dan Wickham Tournament)	Binghamton, Susquehanna Valley, Walton (WDA), Berne- Knox-Westerlo, W. T. Clarke High School, Marathon, TBD, Marcellus, Adirondack, Riverhead, Fallsburg, New Hartford, Saugerties, Maine-Endwell @ Unatego (UVUF)	9:00 AM		Unatego HS	Bus/Driver: Trip # 22223/Coach Nighman	Departure Point: LHS Departure Time: 5:30 AM	NL
Jan 18, 2023	Wed	Regular Season	Dryden	6:00 PM		Lansing HS			L
Jan 21, 2023	Sat	Regular Season (IAC Championships - Online Ticketing Only - GoFan.co)	Odessa-Montour, Tioga, Dryden, Newark Valley, Marathon, Spencer-Van Etten (SVEC Eagles), Whitney Point, Groton, Moravia, Elmira Heights, TBD @ Waverly	9:30 AM		Waverly High School Gym	Bus/Driver: Trip # 22247	<b>Departure Point:</b> LHS <b>Departure Time:</b> 6:00 AM	L
Jan 26, 2023	Thu	Regular Season	Newark Valley	6:00 PM		Lansing HS			L
Jan 27, 2023	Fri	Regular Season	@ Homer	3:30 PM		Homer High School			L
Feb 4, 2023	Sat	Post-Season (Section IV Division II Qualifying tournament)	Chenango Valley, Unatego (UVUF), Marathon, Walton (WDA), Norwich, Odessa-Montour, Oneonta (Var/JV), Dryden, Owego Apalachin, Elmira Heights, Whitney Point @ Tioga	10:00		High School Gym	Bus/Driver: Trip #22274	<b>Departure Point:</b> LHS <b>Departure Time:</b> 6:30 AM	NL

Date: 2025-12-15