



Lansing (B) V Winter Track

Coaches:

- Matt Scheffler, Head Coach
- Doug Smith, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 6, 2024	Fri	Regular Season (Twilight Invite)	@ TBD	7:00 PM		SUNY Cortland	Bus/Driver: LHS Trip #24200	Departure Point: LHS Departure Time: 6:15 PM	L
Dec 13, 2024	Fri	Regular Season (Weight Throw)	@ TBD	5:00 PM		SUNY Cortland			L
Dec 14, 2024	Sat	Regular Season (607 Invite)	@ TBD	9:00 AM		SUNY Cortland	Bus/Driver: LHS Trip #24222	Departure Point: LHS Departure Time: 7:15 AM	L
Dec 20, 2024	Fri	Regular Season (Weight Throw)	@ TBD	5:00 PM		SUNY Cortland	Bus/Driver: LHS Trip #24230	Departure Point: LHS Departure Time: 4:00 PM	L
Dec 21, 2024	Sat	Regular Season (Section IV Classic)	@ TBD	9:00 AM		SUNY Cortland	Bus/Driver: LHS Trip #24231	Departure Point: LHS Departure Time: 7:15 AM	L
Dec 27, 2024	Fri	Regular Season (Snowman Showdown)	@ TBD	8:00 AM		SUNY Cortland	Bus/Driver: LHS Trip #24246	Departure Point: LHS Departure Time: 7:15 AM	L
Jan 3, 2025	Fri	Regular Season (Hurley Invite)	@ TBD	4:00 PM		Ithaca College	Bus/Driver: LHS Trip #24255	Departure Point: LHS Departure Time: 3:00 PM	L
Jan 8, 2025	Wed	Regular Season (It's About Time Invite)	@ TBD	6:00 PM		SUNY Cortland	Bus/Driver: LHS Trip #24271	Departure Point: LHS Departure Time: 5:15 PM	L
Jan 10, 2025	Fri	Regular Season (Winter Classic)	@ TBD	7:00 PM		SUNY Cortland	Bus/Driver: LHS Trip #24275	Departure Point: LHS Departure Time: 5:45 PM	L
Jan 17, 2025	Fri	Regular Season (Qinney Invite)	@ TBD	4:00 PM		Ithaca College	Bus/Driver: LHS Trip #24284	Departure Point: LHS Departure Time: 3:00 PM	L
Jan 22, 2025	Wed	Regular Season (Frozen Fire Invite)	@ TBD	6:00 PM		SUNY Cortland	Bus/Driver: LHS Trip #24295	Departure Point: LHS Departure Time: 5:15 PM	L
Feb 1, 2025	Sat	Regular Season	@ TBD	5:30 PM		SUNY Cortland	Bus/Driver: LHS Trip #24317	Departure Point: LHS Departure Time: 4:15 PM	L
Feb 8, 2025	Sat	Regular Season (Section IV Class Meet)	@ TBD	1:00 PM		Cornell University	Bus/Driver: LHS Trip #24326	Departure Point: LHS Departure Time: 11:30 AM	L
Feb 15, 2025	Sat	Regular Season (Finger Lakes Invite)	@ TBD	8:30 AM		SUNY Cortland	Bus/Driver: LHS Trip #24339	Departure Point: LHS Departure Time: 7:15 AM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 23, 2025	Sun	Regular Season (State Qualifiers)	@ TBD	2:00 PM		Cornell University			Departure Point: LHS Departure Time: 12:30 PM
CANCELLED Mar 24, 2025	Mon	Practice	N/A	3:00 PM	5:15 PM	TBD			
CANCELLED Mar 26, 2025	Wed	Practice	N/A	3:00 PM	5:15 PM	TBD			
CANCELLED Mar 28, 2025	Fri	Practice	N/A	3:00 PM	5:15 PM	TBD			
CANCELLED Mar 31, 2025	Mon	Practice	N/A	3:00 PM	5:15 PM	TBD			
CANCELLED Apr 4, 2025	Fri	Practice	N/A	3:00 PM	5:15 PM	TBD			

Date: 2025-12-18