



Lansing

(G) V Winter Track

Coaches:

- Matt Scheffler, Head Coach
- Doug Smith, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 10, 2022	Sat	Regular Season (Hurley Invite)	@ TBD	9:00 AM		SUNY Cortland	Bus/Driver: LHS Trip # 22160	Departure Point: LHS Departure Time: 7:15 AM	L
Dec 17, 2022	Sat	Regular Season (Finger Lakes Invite)	@ TBD	9:00 AM		SUNY Cortland	Bus/Driver: LHS Trip # 22172	Departure Point: LHS Departure Time: 7:15 AM	L
Dec 22, 2022	Thu	Regular Season (Marathon Meet #1)	@ TBD	5:00 PM		SUNY Cortland	Bus/Driver: LHS Trip # 22190	Departure Point: LHS Departure Time: 4:15 PM	L
Dec 29, 2022	Thu	Regular Season (Marathon Meet # 2)	@ TBD	10:00 AM		SUNY Cortland	Bus/Driver: LHS Trip # 22201	Departure Point: LHS Departure Time: 9:15 AM	L
Jan 7, 2023	Sat	Regular Season (607 Invite)	@ TBD	1:00 PM		SUNY Cortland	Bus/Driver: LHS Trip # 22213	Departure Point: LHS Departure Time: 12:15 AM	L
Jan 12, 2023	Thu	Regular Season (Marathon Meet # 3)	@ TBD	7:00 PM		SUNY Cortland	Bus/Driver: LHS Trip # 22219	Departure Point: LHS Departure Time: 6:15 PM	L
Jan 14, 2023	Sat	Regular Season (Winterfest Invite)	@ TBD	9:00 AM		SUNY Cortland	Bus/Driver: LHS Trip # 22222	Departure Point: LHS Departure Time: 7:15 AM	L
Jan 20, 2023	Fri	Regular Season (Quinney Invite)	@ TBD	5:00 PM		Ithaca College	Bus/Driver: LHS Trip # 22244	Departure Point: LHS Departure Time: 3:15 PM	L
Jan 28, 2023	Sat	Regular Season (Section IV Classic)	TBD	12:30 PM		Cornell University	Bus/Driver: LHS Trip # 22264	Departure Point: LHS Departure Time: 11:30 AM	L
Feb 10, 2023	Fri	Post-Season (Section IV Championship)	@ TBD	5:00 PM		Ithaca College	Bus/Driver: LHS Trip # 22283	Departure Point: LHS Departure Time: 3:15 PM	L
Feb 25, 2023	Sat	Post-Season (State Qualifiers)	@ TBD	1:00 PM		Cornell University		Departure Point: LHS Departure Time: 11:30 AM	NL

Date: 2026-01-08