



• Nicole Lamie, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	
Aug 29, 2022	Mon	Scrimmage	@ Homer	9:00 AM			Bus/Driver: Trip # 20897	Departure Point: LHS Departure Time: 8:15 AM	NL NL
Aug 30, 2022	Tue	Scrimmage	Union Springs	TBD		Lansing HS		6.13 AW	NL
Aug 30, 2022	Tue	Scrimmage	Corning- Painted Post	TBD		Lansing HS			NL
Sep 1, 2022	Thu	Scrimmage	Owego Apalachin, Elmira, Windsor @ Corning- Painted Post	4:30 PM		C P P High School	Bus/Driver: Trip #20900	Departure Point: LHS Departure Time: 2:45 PM	L
Sep 7, 2022	Wed	Regular Season 3-0 W	Dryden	6:30 PM		Lansing HS			L
Sep 8, 2022	Thu	Regular Season 3-1 W	@ Cortland	6:00 PM	8:00 PM	Cortland Jr- Sr HS Shafer Gym	Bus/Driver: Trip #20902	Departure Point: LHS Departure Time: 3:15 PM	NL
Sep 13, 2022	Tue	Regular Season 3-0 W	@ Southern Cayuga	5:00 PM		Southern Cayuga High School Gym	Bus/Driver: Trip # 20913	Departure Point: LHS Departure Time: 4:00 PM	L
Sep 17, 2022	Sat	Regular Season (Tournament)	@ Tioga	TBD		High School Gym	Bus/Driver: Trip # 20917	Departure Point: LHS Departure Time: 6:30 AM	NL
Sep 19, 2022	Mon	Regular Season 3-0 W	@ Groton	6:30 PM		Groton High School Gym	Bus/Driver: Trip # 22010	Departure Point: LHS Departure Time: 4:00 PM	L
Sep 22, 2022	Thu	Regular Season 3-0 W	Chenango Forks	6:30 PM		Lansing HS			NL
Sep 23, 2022	Fri	Regular Season 3-0 W	@ Union Springs	6:30 PM		High School Gymnasium	Bus/Driver: Trip # 22018	Departure Point: LHS Departure Time: 3:30 PM	L
Sep 26, 2022	Mon	Regular Season 3-0 W	Trumansburg	6:30 PM		Lansing HS			L
Sep 28, 2022	Wed	Regular Season 3-0 W	Moravia	6:30 PM		Lansing HS			L
Sep 29, 2022	Thu	Regular Season 3-0 W	@ Dryden	6:30 PM		Dryden HS Gym	Bus/Driver: Trip # 22035	Departure Point: LHS Departure Time: 4:00 PM	L
Oct 3, 2022	Mon	Regular Season 3-0 W	@ Whitney Point	6:30 PM		WPHS Gymnasium	Bus/Driver: Trip #22053	Departure Point: LHS Departure Time: 3:15 PM	L
Oct 5, 2022	Wed	Regular Season 3-0 W	Southern Cayuga	5:00 PM		Lansing HS			L
Oct 6, 2022	Thu	Regular Season		6:30 PM		Lansing HS			L
Oct 12, 2022	Wed	Regular Season 3-1 W	Corning- Painted Post	6:30 PM		Lansing HS			NL

	WEEK			START	END				LEAGUE
DATE	DAY	TYPE	OPPONENTS	TIME	TIME	LOCATION	DEPARTURE	TRANSPORTATION	/ NON- LEAGUE
Oct 13, 2022	Thu	Regular Season 3-0 W	Groton	6:30 PM		Lansing HS			L
Oct 15, 2022	Sat	Regular Season (Tournament)	@ TBD	TBD		JC HS Large Gym	Bus/Driver: Trip # 22085	Departure Point: LHS Departure Time: 6:15 AM	NL
Oct 17, 2022	Mon	Regular Season	Union Springs	6:30 PM		Lansing HS			L
Oct 19, 2022	Wed	Regular Season	@ Trumansburg	6:30 PM	9:45 PM	HS Gym	Bus/Driver: Trip # 22093	Departure Point: LHS Departure Time: 3:15 PM	L
Oct 20, 2022	Thu	Regular Season	@ Moravia	6:30 PM		Moravia H S Gym	Bus/Driver: Trip # 22095	Departure Point: LHS Departure Time: 4:00 PM	L
Oct 28, 2022	Fri	Regular Season (IAC Large School Championship @ Tompkins Cortland Community College)	@ Waverly	5:00 PM		Tompkins Cortland Community College			L
Oct 28, 2022	Fri	Regular Season (IAC Championships)	TBD	5:00 PM		Tompkins Cortland Community College	Bus/Driver: Trip # 22106	Departure Point: LHS Departure Time: 3:15 PM	L
Nov 1, 2022	Tue	Post-Season (Sectionals)	Dryden	5:00 PM		TBD			L
Nov 3, 2022	Thu	Post-Season (Pool Play) 2-4-0-0 L	Waverly, Trumansburg @ Oneonta	4:30 PM		Oneonta High School			NL
Nov 6, 2022	Sun	Post-Season (Sectional Finals) 3-0 W	Oneonta	12:00 PM		TBD	Bus/Driver: Trip # 22126	Departure Point: LHS Departure Time: 9:15 AM	NL
Nov 12, 2022	Sat	Post-Season (Regionals)	Skaneateles	2:00 PM		Owego Free Academy			NL
Nov 12, 2022	Sat	Post-Season	@ TBD	2:00 PM		Owego Free Academy	Bus/Driver: Trip # 22131	Departure Point: LHS Departure Time: 11:45 PM	L

Date: 2025-12-14