



Lansing

(G) V Swimming/Diving

Coaches:

- Diane Hicks-Hughes, Head Coach
- Shelly Matheny, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 16, 2023	Sat	Regular Season (RELAY INVITATIONAL)	@ TBD	8:00 AM		JC HS Pool	Bus/Driver: Trip #23049	Departure Point: LHS Departure Time: 10:45 AM	NL
Sep 22, 2023	Fri	Regular Season (Invitational In the Glen - Day 1 - Live Stream on NFHS)	Notre Dame, Elmira, Shenendehowa High School, Valley Central, Skaneateles, Wallkill, Fairport, Albany Academies, Hilton, Corning-Painted Post, Southern Cayuga, Waverly, Horseheads, Burnt Hills-Ballston Lake HS, Whitney Point @ Watkins Glen (Storm)	4:30 PM	8:00 PM	W G Pool	Bus/Driver: #23069 Class Dismissal: 1:50 PM	Departure Point: LHS Departure Time: 2:00 PM	NL
Sep 23, 2023	Sat	Regular Season (Invitational In the Glen - Day 2 Diving 9:30 AM & Swimming 2 PM - NFHS Live Stream Swim Only)	Notre Dame, Elmira, Shenendehowa High School, Valley Central, Skaneateles, Wallkill, Fairport, Albany Academies, Hilton, Burnt Hills-Ballston Lake HS, Corning-Painted Post, Southern Cayuga, Waverly, Horseheads, Whitney Point @ Watkins Glen (Storm)	9:30 AM	8:00 PM	W G Pool	Bus/Driver: Trip #23070	Departure Point: LHS Departure Time: 11:30 AM	NL
Sep 28, 2023	Thu	Regular Season	@ Dryden	4:30 PM		Dryden HS	Bus/Driver: Trip #23089	Departure Point: LHS Departure Time: 3:00 PM	L
Oct 11, 2023	Wed	Regular Season	@ Southern Cayuga	4:30 PM		Southern Cayuga Jr/Sr High School Pool	Bus/Driver: Trip #23118	Departure Point: LHS Departure Time: 3:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 21, 2023	Sat	Regular Season (IAC Championships)	Dryden, Southern Cayuga, Whitney Point, Notre Dame, Elmira @ Watkins Glen (Storm)	11:30 AM	5:30 PM	W G Pool	Bus/Driver: Trip #23141	Departure Point: LHS Departure Time: 11:15 AM	L
Nov 1, 2023	Wed	Post-Season (Section IV Class C Prelims (Tickets online through GoFan))	Southern Cayuga, Notre Dame, Elmira, Dryden, Whitney Point, Greene, Susquehanna Valley @ Watkins Glen (Storm)	5:00 PM		W G Pool	Bus/Driver: Trip #23171 Class Dismissal: 1:45 PM	Departure Point: LHS Departure Time: 1:45 PM	NL
Nov 4, 2023	Sat	Post-Season (Section IV Finals - Class C (Tickets online through GoFan))	Notre Dame, Elmira, Whitney Point, Southern Cayuga, Dryden, Greene, Susquehanna Valley @ Watkins Glen (Storm)	11:00 AM		W G Pool	Bus/Driver: Trip #23173	Departure Point: LHS Departure Time: 8:30 AM	NL

Date: 2024-05-21