



Lansing

(G) 7/8TH Outdoor Track

Coaches:

- Alisha Scheffler, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 1, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Groton HS Track	Bus/Driver: Trip #24447	Departure Point: LMS Departure Time: 3:15 PM	
Apr 2, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Groton HS Track	Bus/Driver: Trip #24449	Departure Point: LMS Departure Time: 3:15 PM	
CANCELLED Apr 8, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Groton HS Track	Bus/Driver: Trip #24466	Departure Point: LMS Departure Time: 3:15 PM	
Apr 24, 2025	Thu	Practice	N/A	3:15 PM	5:15 PM	Groton HS Track	Bus/Driver: Trip #24527	Departure Point: LMS Departure Time: 3:00 PM	
Apr 29, 2025	Tue	Practice	N/A	3:15 PM	5:15 PM	Groton HS Track	Bus/Driver: Trip #24548	Departure Point: LMS Departure Time: 3:00 PM	
Apr 30, 2025	Wed	Regular Season	Newfield, Moravia, Groton @ Union Springs	4:30 PM		U S M S and H S	Bus/Driver: Trip #24552	Departure Point: LMS Departure Time: 3:00 PM	L
May 1, 2025	Thu	Practice	N/A	3:15 PM	5:15 PM	Groton HS Track	Bus/Driver: Trip #24557	Departure Point: LMS Departure Time: 3:00 PM	
May 6, 2025	Tue	Practice	N/A	3:15 PM	5:15 PM	Groton HS Track		Departure Point: LMS Departure Time: 3:00 PM	
May 8, 2025	Thu	Regular Season	Moravia, Groton @ Trumansburg	4:30 PM		Stadium Field	Bus/Driver: Trip #24470	Departure Point: LMS Departure Time: 3:00 PM	L
May 12, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Groton HS Track	Bus/Driver: Trip #24601	Departure Point: LMS Departure Time: 3:00 PM	
May 14, 2025	Wed	Regular Season	Trumansburg, Whitney Point @ Dryden	4:30 PM		Dryden High School Stadium	Bus/Driver: Trip #24606	Departure Point: LMS Departure Time: 3:30 PM	L
May 15, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Groton HS Track	Bus/Driver: Trip #24609	Departure Point: LMS Departure Time: 3:00 PM	
May 16, 2025	Fri	Regular Season	Groton, Newfield @ Southern Cayuga	4:30 PM		Southern Cayuga HS Track	Bus/Driver: Trip #24617	Departure Point: LMS Departure Time: 3:15 PM	L
May 19, 2025	Mon	Practice	N/A	3:00 PM	5:15 PM	Groton HS Track	Bus/Driver: Trip #24631	Departure Point: LMS Departure Time: 2:45 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 27, 2025	Tue	Regular Season (Marathon JH Invite)	@ Marathon	4:00 PM		Appleby E S		Departure Point: LMS Departure Time: 2:15 PM	L
May 29, 2025	Thu	Regular Season	Dryden @ Groton	4:30 PM		Groton High Track/Practice Field			L

Date: 2025-12-06