



Lansing

(G) V Outdoor Track

Coaches:

- Mia Cote, Head Coach
- Jason Peter, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 10, 2024	Wed	Regular Season 111-29-22 W	Elmira Heights, Notre Dame, Elmira	4:30 PM		Lansing Varsity Field (Sobus)			L
Apr 15, 2024	Mon	Regular Season	Newark Valley, Elmira Heights, Dryden @ Trumansburg	4:30 PM		Stadium Field	Bus/Driver: Trip #23505	Departure Point: LHS Departure Time: 2:45 PM	L
Apr 22, 2024	Mon	Regular Season (WP, Lansing, TAE at WP)	Elmira Heights @ Whitney Point	4:30 PM		WPHS Tymeson Turf Field	Bus/Driver: Trip #23535	Departure Point: LHS Departure Time: 2:45 PM	L
Apr 26, 2024	Fri	Regular Season (Ithaca Relays and Races)	Trumansburg, Newark Valley, Geneva, Rome Free Academy, West Canada Valley, Candor (Candor), Groton, Solvay, Horseheads, Tioga, Auburn, Maine-Endwell, Newfield @ Ithaca	5:00 PM	10:00 PM	IHS Moresco Stadium			L
Apr 29, 2024	Mon	Regular Season (Senior Night)	Notre Dame, Elmira, Newark Valley @ Dryden	4:30 PM		Dryden High School Stadium		Departure Point: LHS Departure Time: 3:00 PM	L
May 8, 2024	Wed	Regular Season (Spring Fling Invite)	@ Marathon	4:00 PM		Appleby ES	Bus/Driver: Trip #23491/Hibbard & Hradisky Class Dismissal: 2:05 PM	Departure Point: LHS Departure Time: 2:15 PM	L
May 14, 2024	Tue	Regular Season (Spring Fling Invite)	@ Marathon	4:00 PM		Appleby ES	Bus/Driver: Trip #24481	Departure Point: LHS Departure Time: 2:00 PM	L

Date: 2026-01-23