



Lansing

(G) V Outdoor Track

Coaches:

- Mia Cote, Head Coach
- Sarah Hammond, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 3, 2019	Wed	Regular Season	Whitney Point	4:30 PM		Lansing Varsity Field (Sobus)		L
Apr 3, 2019	Wed	Regular Season	Union Springs	4:30 PM		Lansing Varsity Field (Sobus)		L
Apr 3, 2019	Wed	Regular Season	Groton	4:30 PM		Lansing Varsity Field (Sobus)		L
Apr 3, 2019	Wed	Regular Season	Southern Cayuga	4:30 PM		Lansing Varsity Field (Sobus)		L
Apr 3, 2019	Wed	Regular Season	Trumansburg	4:30 PM		Lansing Varsity Field (Sobus)		L
Apr 8, 2019	Mon	Regular Season	Trumansburg, Dryden	4:30 PM		Lansing Varsity Field (Sobus)		L
Apr 22, 2019	Mon	Regular Season	Moravia @ Groton	4:30 PM		Groton High Track/Practice Field		L
Apr 29, 2019	Mon	Regular Season (Dual Meet with Lansing and Marathon)	@ Union Springs	4:30 PM		U S M S and H S		L
May 1, 2019	Wed	Regular Season	Southern Cayuga	4:00 PM		Lansing HS		L
May 1, 2019	Wed	Regular Season (Lansing Field Event Invite)	Union Springs	TBD		Lansing HS		L
May 3, 2019	Fri	Regular Season (Legends of the Night Invitational)	Moravia, Southern Cayuga, Campbell-Savona, Candor (Candor), Groton, Newark Valley, Newfield, Notre Dame, Elmira, South Seneca, Spencer-Van Etten, Tioga, Elmira Heights, Trumansburg, Watkins Glen, Waverly, Whitney Point @ Odessa-Montour	4:30 PM		Charles Martin Field		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 16, 2019	Thu	Regular Season	Candor (Candor), Dryden, Groton, Marathon, Moravia, Newark Valley, Newfield, Notre Dame, Elmira, Odessa-Montour, Southern Cayuga, Spencer-Van Etten, Elmira Heights, Tioga, Union Springs, Watkins Glen, Waverly, Whitney Point @ Trumansburg	4:45 PM		Stadium Field		L
May 17, 2019	Fri	Regular Season (IAC Championship)	Moravia, Candor (Candor), Dryden, Groton, Marathon, Newark Valley, Newfield, Notre Dame, Elmira, Odessa-Montour, Southern Cayuga, Spencer-Van Etten, Elmira Heights, Tioga, Union Springs, Watkins Glen, Waverly, Whitney Point @ Trumansburg	4:45 PM		Stadium Field		L

Date: 2026-04-10