



# Lansing

## (B) V Outdoor Track

### Coaches:

- Matt Scheffler, Head Coach
- Doug Smith, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 3, 2023	Mon	Regular Season	Whitney Point	5:45 PM		Lansing Varsity Field (Sobus)			L
Apr 11, 2023	Tue	Regular Season (Spring Fling Invite)	@ Marathon	4:00 PM		Appleby E S			L
Apr 13, 2023	Thu	Regular Season (Spring Fling Invite)	@ Marathon	4:30 PM		Appleby E S	<b>Bus/Driver:</b> Trip # 22371	<b>Departure Point:</b> LHS <b>Departure Time:</b> 2:00 PM	L
Apr 17, 2023	Mon	Regular Season	Moravia @ Groton	4:30 PM		Groton High Track/Practice Field	<b>Bus/Driver:</b> Trip # 22374	<b>Departure Point:</b> LHS <b>Departure Time:</b> 3:00 PM	L
Apr 22, 2023	Sat	Regular Season (Square Deal Invite)	TBD	10:00 AM		JC Wildcat Stadium	<b>Bus/Driver:</b> Trip # 22388	<b>Departure Point:</b> LHS <b>Departure Time:</b> 7:30 AM	NL
Apr 24, 2023	Mon	Regular Season	Marathon @ Union Springs	4:30 PM		U S M S and H S	<b>Bus/Driver:</b> Trip # 22396	<b>Departure Point:</b> LHS <b>Departure Time:</b> 2:45 PM	L
Apr 29, 2023	Sat	Regular Season (Moravia Relays)	Odessa-Montour, Spencer-Van Etten, Newfield, Watkins Glen, Tioga, Marathon @ Moravia	10:00 AM		Scarry Athletic Complex (Track)	<b>Bus/Driver:</b> Trip # 22415	<b>Departure Point:</b> LHS <b>Departure Time:</b> 8:15 AM	NL
POSTPONED May 1, 2023	Mon	Regular Season (Week 7)	Trumansburg, Dryden	4:30 PM		Lansing Varsity Field (Sobus)			L
May 5, 2023	Fri	Regular Season (Legends of the Night)	Elmira Heights, South Seneca, Groton, Moravia, Tioga, Watkins Glen, Newfield, Trumansburg, Union Springs @ Odessa-Montour	4:30 PM		Charles Martin Field	<b>Bus/Driver:</b> Trip # 22439	<b>Departure Point:</b> LHS <b>Departure Time:</b> 2:45 PM	NL
May 8, 2023	Mon	Regular Season (Week 8)	Trumansburg, Dryden, Whitney Point @ Marathon	4:15 PM		Marathon H S	<b>Bus/Driver:</b> Trip # 22450 <b>Class Dismissal:</b> 2:05 PM	<b>Departure Point:</b> LHS <b>Departure Time:</b> 2:15 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 17, 2023	Wed	Regular Season (IAC Championships)	Southern Cayuga, Groton, Trumansburg, Union Springs, Marathon, Moravia, Whitney Point, Notre Dame, Elmira, Odessa- Montour, Watkins Glen, Newark Valley, Waverly, Newfield, Spencer-Van Etten, Tioga, Candor (Candor), Elmira Heights @ Dryden	4:45 PM		Dryden High School Stadium	<b>Bus/Driver:</b> Trip # 22485	<b>Departure Point:</b> LHS <b>Departure Time:</b> 3:15 PM	L
May 18, 2023	Thu	Regular Season (IAC Championships)	Southern Cayuga, Groton, Union Springs, Marathon, Trumansburg, Moravia, Whitney Point, Notre Dame, Elmira, Odessa- Montour, Watkins Glen, Newark Valley, Waverly, Newfield, Spencer-Van Etten, Tioga, Candor (Candor), Elmira Heights @ Dryden	4:45 PM		Dryden High School Stadium	<b>Bus/Driver:</b> Trip # 22486	<b>Departure Point:</b> LHS <b>Departure Time:</b> 3:15 PM	L
May 24, 2023	Wed	Post-Season (Section Championships)	@ Newark Valley	4:00 PM		Newark Valley High School	<b>Bus/Driver:</b> Trip # 22417 <b>Class Dismissal:</b> 1:20 PM	<b>Departure Point:</b> LHS <b>Departure Time:</b> 1:30 PM	L
May 31, 2023	Wed	Post-Season	@ Union- Endicott	5:00 PM		UEHS Mike Miller Track	<b>Bus/Driver:</b> Trip # 22528 <b>Class Dismissal:</b> 2:15 PM	<b>Departure Point:</b> LHS <b>Departure Time:</b> 2:15 PM	L
Jun 1, 2023	Thu	Post-Season	@ Union- Endicott	5:00 PM		UEHS Mike Miller Track	<b>Bus/Driver:</b> Trip # 22529 <b>Class Dismissal:</b> 2:15 PM	<b>Departure Point:</b> LHS <b>Departure Time:</b> 2:15 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jun 9, 2023	Fri	Post-Season (States)	@ TBD	TBD		Middletown HS	<b>Bus/Driver:</b> Trip #	<b>Departure Point:</b> LHS <b>Departure Date:</b> Jun 9, 2023 <b>Departure Time:</b> 6:45 AM	L
Jun 10, 2023	Sat	Post-Season (States)	@ TBD	TBD		Middletown HS	<b>Bus/Driver:</b> Trip #	<b>Departure Point:</b> LHS <b>Departure Date:</b> Jun 9, 2023 <b>Departure Time:</b> 6:45 AM	L

Date: 2025-12-17