



Lansing

(B) 7/8TH Cross Country

Coaches:

- Meghan McVey, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2022	Tue	Regular Season	Candor (Candor), Dryden, Moravia @ Whitney Point	5:00 PM		WP Cross Country Course			L
Sep 13, 2022	Tue	Regular Season (IAC Reg Season Meet #2)	Groton, Dryden, Watkins Glen @ Trumansburg	5:00 PM	7:00 PM	Stadium Field	Bus/Driver: LHS Trip # 20912	Departure Point: LHS Departure Time: 3:15 PM	L
Sep 20, 2022	Tue	Regular Season	Marathon, Moravia, Southern Cayuga @ Whitney Point	5:00 PM		WP Cross Country Course	Bus/Driver: LHS Trip # 22011	Departure Point: LHS Departure Time: 3:15 PM	L
Sep 27, 2022	Tue	Regular Season	Watkins Glen, Dryden @ Trumansburg	5:00 PM	7:00 PM	Stadium Field	Bus/Driver: LHS Trip # 22049	Departure Point: LHS Departure Time: 3:15 PM	L
Oct 4, 2022	Tue	Regular Season (IAC Reg Season Meet #3)	Trumansburg, Dryden, Marathon @ Groton	4:30 PM	8:00 PM	Stone Hedges Golf Course	Bus/Driver: LHS Trip # 22057	Departure Point: LHS Departure Time: 3:00 PM	L
Oct 6, 2022	Thu	Regular Season (Invitational)	@ Newark Valley	4:00 PM		Newark Valley High School	Bus/Driver: LMS Trip # 22068 Class Dismissal: 1:50 PM	Departure Point: LMS Departure Time: 2:00 PM	L
Oct 20, 2022	Thu	Regular Season	Candor (Candor), Dryden, Elmira Heights, Groton, Marathon, Moravia, Newark Valley, Tioga, Union Springs (Port Byron/Union Springs), Watkins Glen, Waverly, Southern Cayuga @ Trumansburg	5:00 PM	7:00 PM	Stadium Field	Bus/Driver: LMS Trip # 22094	Departure Point: LMS Departure Time: 3:00 PM	L

Date: 2025-12-05