



Lansing

(B) V Cross Country

Coaches:

- Mia Cote, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 12, 2023	Tue	Regular Season	Marathon, Newark Valley, Trumansburg, Whitney Point @ Groton	5:00 PM		Stone Hedges Golf Course	Bus/Driver: Trip #23042	Departure Point: LHS Departure Time: 3:30 PM	L
Sep 19, 2023	Tue	Regular Season	Watkins Glen, Groton, Southern Cayuga @ Trumansburg	5:00 PM		Stadium Field	Bus/Driver: Trip #23062	Departure Point: LHS Departure Time: 3:15 PM	L
Sep 26, 2023	Tue	Regular Season	Marathon, Moravia, Southern Cayuga, Whitney Point	5:00 PM		Lansing HS			L
Oct 3, 2023	Tue	Regular Season	Dryden, Marathon, Southern Cayuga, Trumansburg, Whitney Point @ Groton	5:00 PM		Stone Hedges Golf Course	Bus/Driver: Trip #23100	Departure Point: LHS Departure Time: 2:45 PM	L
Oct 14, 2023	Sat	Regular Season	@ Marathon	TBD		Marathon H S	Bus/Driver: Trip #23121	Departure Point: LHS Departure Time: 7:30 AM	L
Oct 25, 2023	Wed	Regular Season (IAC Championship)	@ Marathon	4:00 PM		Marathon H S	Bus/Driver: Trip #23148 Class Dismissal: 1:50 PM	Departure Point: LHS Departure Time: 2:00 PM	L
Oct 30, 2023	Mon	Practice (Sectional Course Preview)	N/A	TBD		Chenango Valley State Park	Bus/Driver: Trip #23170 Class Dismissal: 1:50 PM	Departure Point: LHS Departure Time: 2:00 PM	

Date: 2025-12-05