



# Lansing

## (G) 7/8TH Cross Country

### Coaches:

- Meghan McVey, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2022	Tue	Regular Season	Candor (Candor), Dryden, Moravia @ Whitney Point	5:00 PM		WP Cross Country Course			L
Sep 13, 2022	Tue	Regular Season (IAC Reg Season Meet #2)	Groton, Dryden, Watkins Glen @ Trumansburg	5:00 PM	7:00 PM	Stadium Field	<b>Bus/Driver:</b> Trip # 20912	<b>Departure Point:</b> LHS <b>Departure Time:</b> 3:15 PM	L
Sep 20, 2022	Tue	Regular Season	Marathon, Moravia, Southern Cayuga @ Whitney Point	5:00 PM		WP Cross Country Course	<b>Bus/Driver:</b> Trip # 22011	<b>Departure Point:</b> LHS <b>Departure Time:</b> 3:15 PM	L
Sep 27, 2022	Tue	Regular Season	Watkins Glen, Dryden @ Trumansburg	5:00 PM	7:00 PM	Stadium Field	<b>Bus/Driver:</b> Trip # 22049	<b>Departure Point:</b> LHS <b>Departure Time:</b> 3:15 PM	L
Oct 4, 2022	Tue	Regular Season (IAC Reg Season Meet #3)	Trumansburg, Dryden, Marathon @ Groton	4:30 PM	8:00 PM	Stone Hedges Golf Course	<b>Bus/Driver:</b> Trip # 22057	<b>Departure Point:</b> LHS <b>Departure Time:</b> 3:00 PM	L
Oct 6, 2022	Thu	Regular Season (Invitational)	@ Newark Valley	4:00 PM		Newark Valley High School	<b>Bus/Driver:</b> Trip # 22068 <b>Class Dismissal:</b> 1:50 PM	<b>Departure Point:</b> LMS <b>Departure Time:</b> 2:00 PM	L
Oct 20, 2022	Thu	Regular Season (IAC Modified End of Year Invitational)	Candor (Candor), Watkins Glen, Waverly, Newark Valley, Tioga, Dryden, Groton, Moravia, Elmira Heights, Whitney Point, Marathon, Union Springs (Port Byron/Union Springs) @ Trumansburg	5:00 PM	7:00 PM	Stadium Field	<b>Bus/Driver:</b> Trip # 22094	<b>Departure Point:</b> LMS <b>Departure Time:</b> 3:00 PM	L

Date: 2025-12-06